

NOVEMBER 2024

Essex Area Senior Center Newsletter

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“GRATITUDE IS THE
INWARD FEELING OF
KINDNESS RECEIVED.
THANKFULNESS IS THE
NATURAL IMPULSE TO
EXPRESS THAT FEELING.
THANKSGIVING IS THE
FOLLOWING OF THAT
IMPULSE.”

— HENRY VAN DYKE



IMPORTANT ANNOUNCEMENTS

We are partnering with Age Well to offer meals by donation on Mondays a few times a month! See page 16 for details!

Julie will be away November 8th through the 15th. Regular programming will still be occurring. Please call the EJRP main office with any questions during this time 802-878-1375

The last day of Walking Club will be October 30th. Thanks for a great Fall and look out for us in the Spring!

The Holy Family Parish Center is EASC's new programming space during the Lincoln Hall Renovations-
Address: 28 Lincoln St. Essex Junction, VT 05452

CONTACT INFORMATION

 FACEBOOK PAGE:
@essexjunctionrecreationandparks

WEBSITE:
@www.ejrp.org/olderadults

EJRP CONTACT INFORMATION:
Julie Shorter
Program Director
for Older Adults

EMAIL:
jshorter@ejrp.org

PHONE:
(802) 878-1375 x 1553

TEMPORARY LOCATIONS DETAILS

HOLY FAMILY PARISH CENTER

-Tuesdays: Bingo (10:00 AM - 1:00 PM)

-Wednesdays: Cribbage (1:00-3:00 PM)

-Thursdays: Duplicate Bridge (12:30 PM - 4:00 PM)

Please note that the room in which programs will take place within the Holy Family Parish Center will be inconsistent. There will be various forms of communication to ensure all are aware of the specific locations for each program

BROWNELL LIBRARY - KOLVOORD ROOM
-FRIDAYS: MAH JONGG (10:00 AM - 12:00 PM)

JOIN OUR EMAIL LIST!

-Help us increase communication in the Senior Center by signing up for the list-

Sign up by visiting ejrp.org/olderadults and filling out the Essex Area Senior Center Newsletter Subscription Google form!

Senior Center Newsletter Subscription Google form!

(Form Link:

[HTTPS://forms.gle/qgwRwgkJRUGg51B46](https://forms.gle/qgwRwgkJRUGg51B46))

SENIOR CENTER MEMBERSHIPS

Due to being open only for the first three months of 2024 at Lincoln Hall, before vacating for renovations, there will be no membership fees for the Senior Center until further notice.



AGE WELL LUNCHEAS AT HOLY FAMILY ARE UP AND RUNNING! SEE PAGE 16 FOR DETAILS!





SENIOR CENTER WEEKLY PROGRAMMING



MONDAYS:

No programming

TUESDAYS:

10AM-1:00PM – BINGO

- FREE! Fun prizes!
- Bring your own lunch, lunch break at 11:30AM
- At the Holy Parish Family Center

WEDNESDAYS:

1-3PM – Cribbage

- FREE!
- At Holy Family Parish Center



THURSDAYS:

12:30-4PM - DUPLICATE BRIDGE

- FREE!
- MUST HAVE A PARTNER!
- At the Holy Parish Family Center

FRIDAYS:

10AM-12PM – MAH JONGG

- FREE!
- At the Brownell Library (Kolvoord Room)

Have programming you'd like to see?

Chat with me in person or send me an email!

jshorter@ejrp.org

Whether it's regular weekly programming or a one-off event, I'd love to hear your ideas and help bring them to life!

From Julie!

LEARN TO PLAY



MAH JONGG

**ALWAYS WANTED TO LEARN?
NOW IS YOUR CHANCE!**

**ONE OF OUR SENIORS IS OFFERING
A FREE 6 WEEK CLASS TO LEARN TO
PLAY MAH JONGG**

**FRIDAYS 1-2:30PM
NOVEMBER 1ST-DECEMBER 13TH
NO CLASS NOVEMBER 29TH
IN THE KOLVOORD ROOM AT
THE BROWNELL LIBRARY**

**SPACE IS LIMITED!
SIGN UP WITH JULIE SHORTER,
PROGRAM DIRECTOR FOR OLDER ADULTS
JSHORTER@EJRP.ORG
802-878-1375 EXT 1553**



PLEASE TRY TO COMMIT TO THE ENTIRE SERIES!

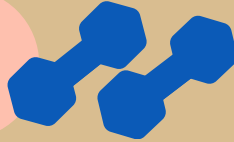
5



OTHER COMMUNITY OPPORTUNITIES



BONE BUILDERS



FREE!

WEDNESDAYS
AND FRIDAYS
9-10AM
UNITED GRACE
METHODIST
CHURCH
130 MAPLE ST

Bone Builders is an exercise program designed to prevent (and even reverse) the negative effects of osteoporosis. The program is based on research conducted and published by Tufts University which shows that strength training just twice a week dramatically reduces the risk of fractures due to the disease. Study participants gained bone density, became stronger and improved their balance. These health gains significantly reduced the incidence of falling. Bone Builders classes fill a vital need for regular physical exercise as well as increased social interaction, both well-known components of healthy aging.

NO
REGISTRATION
REQUIRED-
REMEMBER TO
WEAR
COMFORTABLE
CLOTHING AND
BRING WATER!



ESSEX COMMUNITY DINNER

ESSEX COMMUNITY
DINNERS ARE
PROVIDED IN ORDER
TO GROW AND
PROMOTE
COMMUNITY!

FRIDAY,
NOVEMBER 8TH
5:30PM
AT THE HOLY
FAMILY PARISH
CENTER

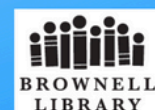
BY DONATION

GAMES GALORE

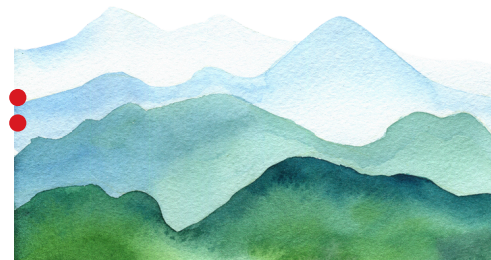
First Tuesday of every month
3:30-4:30pm



Come to the library to play board and card games
with people of all ages.



BY POPULAR DEMAND: TRIPS ARE BACK!



ANYTHING GOES THE MUSICAL AT MT. ABE UNION HIGH SCHOOL

**SATURDAY
NOVEMBER
23!**

THE DETAILS:

11AM: DEPART IN SSTA VEHICLES FROM MAPLE STREET PARK PARKING LOT (75 MAPLE ST, ESSEX JUNCTION)

12PM: LUNCH RESERVATIONS AT SNAP'S RESTAURANT IN BRISTOL, VT

1:20PM: DEPART SNAP'S FOR MT ABE UNION HIGH SCHOOL

1:30PM: ARRIVE AT MT. ABE FOR MUSICAL

2PM: ANYTHING GOES BEGINS

4:30PM: DEPART MT. ABE FOR MAPLE STREET PARK

5:30PM: ESTIMATED TIME OF RETURN



**SPACE IS LIMITED!
SIGN UP TODAY!**

**\$50 PER PERSON
TICKET INCLUDES
TRANSPORTATION, LUNCH, AND
TICKET TO THE SHOW!
REGISTER ON EJRP.ORG OR
CALL EJRP'S OFFICE TO REGISTER
802-878-1375**

ART CLASSES

STARTING THIS MONTH, WE WILL BE OFFERING ART CLASSES WITH TINA LOGAN AT HER STUDIO! SIGN UP ON EJRP.ORG. SEE JULIE FOR ASSISTANCE REGISTERING OR CALL 802-878-1375!



156 RAILROAD STREET,
ESSEX JUNCTION, VT 05452

HARVEST STILL-LIFE DRAWING



HARVEST STILL-LIFE PAINTING

USE PASTELS TO CREATE BEAUTIFUL STILL-LIFE DRAWING FROM AUTUMN'S BOUNTY. NO EXPERIENCE NECESSARY- ONLY INTEREST AND ENTHUSIASM

CREATE A HARVEST INSPIRED PAINTING USING ACRYLIC OR GOUACHE PAINTS. NO EXPERIENCE NECESSARY- ONLY INTEREST AND ENTHUSIASM

**MONDAY NOVEMBER 4TH
10-11:30AM**

\$25 PER CLASS

**MONDAY NOVEMBER 18TH
10AM-NOON**

NEEDLE FELTED ORNAMENT MAKING

LEARN THE BASICS OF NEEDLE FELTING AND MAKE A NEEDLE FELTED ORNAMENT OR TWO. NO EXPERIENCE NECESSARY, JUST INTEREST AND CURIOSITY.



**MONDAY DECEMBER 2ND 10-11:30AM
AND/OR
MONDAY DECEMBER 16TH 10-11:30AM**





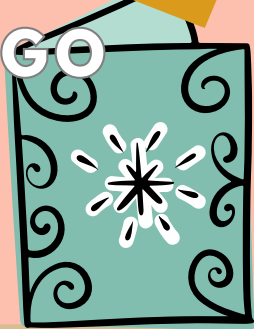
LOOKING AHEAD

HOLIDAY CARD MAKING WITH LAURI

TUESDAY DECEMBER 3RD AFTER BINGO

1-3PM

HOLY FAMILY PARISH CENTER



THANK YOU LAURI FOR HOSTING THIS FOR FREE!

COME AND CREATE SOME HANDMADE CARDS FOR THE HOLIDAYS! ALL MATERIALS WILL BE SUPPLIED FOR YOU!

**SPACE IS LIMITED!
SIGN UP WITH JULIE
JSHORTER@EJRP.ORG
802-878-1375 EXT 1553**



LETTERS TO SANTA



ESSEX JUNCTION RECREATION AND PARKS COLLECTS LETTERS FOR SANTA AND HE NEEDS HELP RESPONDING TO ALL THE KIDS!

DETAILS, TIME, AND SPACE ARE STILL IN THE WORKS SO STAY TUNED!

CONTACT JULIE IF YOU'RE INTERSTED IN HELPING!

LOOKING AHEAD

DECEMBER'S SENIOR LUNCHEON!

BY DONATION

DECEMBER 4TH

@ NOON

ST. PIUS X

20 JERICHO RD.
ESSEX JUNCTION,
VT 05452

**REMINDER THAT
NOVEMBER'S
LUNCHEON WILL
BE ON 11/6,
RESERVATIONS
ARE CLOSED!**

SEASONED PORK LOIN, MASHED POTATOES, GREEN BEANS, DESSERT

RESERVATIONS REQUIRED BY NOVEMBER 29TH

EMAIL:
DEELEYGLORIA@GMAIL.COM
CALL:
DONNA @ (802) 879-7922

THANK YOU,
DONNA,
GLORIA, AND
ST. PIUS
VOLUNTEERS!





LOOKING AHEAD

ESSEX HOLIDAY SENIOR LUNCHEON

HOSTED BY THE ROTARY CLUB OF ESSEX

TURKEY DINNER WITH GRAVY, MASHED POTATOES, STUFFING, CRANBERRY SAUCE, SALAD, & PUMPKIN PIE

TICKETS ARE **\$5** AND LIMITED!

AVAILABLE AT THE FOLLOWING LOCATIONS MONDAY-FRIDAY 8-4PM:

- ESSEX JUNCTION RECREATION AND PARKS OFFICE: **75 MAPLE STREET**
- ESSEX JUNCTION CITY CLERK: **2 LINCOLN STREET**
- ESSEX TOWN CLERK: **81 MAIN STREET**

AND JULIE WILL HAVE THEM AT ALL WEEKLY SENIOR CENTER PROGRAMMING

ADL MIDDLE SCHOOL CHOIR WILL BE SINGING CHRISTMAS CAROLS

WEDNESDAY DECEMBER 11TH 12:15-1:30PM AT THE **BLUE RIBBON** PAVILION AT THE CHAMPLAIN VALLEY FAIRGROUNDS

BRAIN GAMES!

NOVEMBER SUDOKU

2	9							
	1	3			7	4	8	
		6		9			3	1
4				8			5	7
9	6						1	4
8	5			6				3
3	8			1		7		
	7	5	8			1	4	
							9	8

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NOVEMBER WORD SCRAMBLE

Thanksgiving Word Scramble



1. rcon _____
2. ukppmin _____
3. krueyt _____
4. omfaylwer _____
5. niwsebho _____
6. ciarrbesne _____
7. spmiligr _____
8. ricdukmts _____
9. dnenir _____
10. syam _____
11. solrl _____
12. eremnbv _____
13. gobabl _____
14. dessret _____
15. ngstufif _____
16. uyhtarsd _____
17. efats _____
18. rgavy _____
19. nnasidi _____
20. rbeda _____

PrintableParadise.com

NOVEMBER TRIVIA!

What year did “A Charlie Brown Thanksgiving” debut on television?

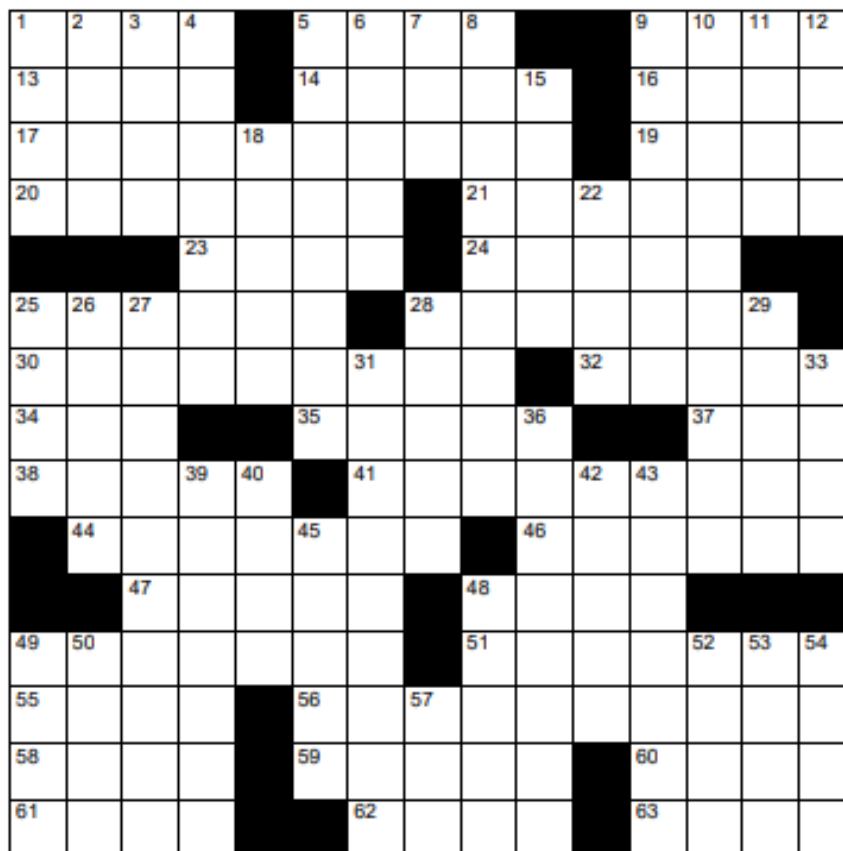


Answers on page 18

CROSSWORD

Across

1. Bottle stopper
 5. Poker token
 9. Like some lingerie
 13. ____ the edge
 14. Nitpickers split them
 16. Bounce back
 17. Group of representatives
 19. Wound mark
 20. "Alice Doesn't Live Here ____"
 21. Crack
 23. Fireplace fodder
 24. "See eye to eye", e.g.
 25. Untimely end
 28. Chest protector
 30. Clear of charges
 32. Speck in the sea
 34. Except
 35. Floor it
 37. Brewed drink
 38. Pledge of fidelity
 41. Outer border
 44. Surfer's ride
 46. Lustrous fabric
 47. Brady mom
 48. Chris whose father starred in "CHiPs"
 49. Really bad
 51. Personalize, in a way
 55. Ness, e.g.
 56. Game played on grass



58. Kind of shirt
 59. Make reparations
 60. On the peak of
 61. Big first for baby
 62. Washstand vessel
 63. Jane's "Grace and Frankie" co-star
- ## Down
1. Musical finale
 2. Kind of mitt
 3. Depend (on)
 4. Russian citadel
 5. Los Angeles team
 6. Despises
 7. Sundial number
 8. Wartime opportunist
 9. Teaching sessions
 10. Stockpile
 11. Burn a bit
 12. Days of ____
 15. Like some remarks
 18. Gander's mate
 22. iPhone assistant
 25. Financial worry
 26. Affluent outlying area
 27. "Easy Rider" ride
 28. Animal in a roundup
 29. Commotion
 31. Higher court
 33. Cousin of a gull
 36. Exhume
 39. London cafe
 40. Do damage to
 42. Animal ailment
 43. Without end
 45. Bearlike marsupial
 48. Tubular pasta
 49. Heidi's home
 50. Send packing
 52. Pro's foe
 53. Stringed instrument of old
 54. Get a look at
 57. Palindromic exclamation

GREEN MOUNTAIN PASSPORT

**-A Vermont State Park Visitor's Pass
Discount Program for Seniors & Veterans-**

What is the passport for?

- Free admission to VT State Parks (overnight camping and other park fees are excluded)
- Free admission to Vermont State Historic Sites
- Free admission to events that are fully State-sponsored

Who is eligible?

- Must be a legal resident of the Vermont town or city in which you are applying
- Must be either 62 years of age or older, or a veteran of the uniformed services

How do I get a Green Mountain Passport card?

- Fill out an application at your local City or Town Clerk's Office
- Pay a one-time, \$2 fee to the municipal clerk
- Receive your Green Mountain Passport Card!

**FOR MORE INFORMATION ON THE GREEN MOUNTAIN
PASSPORT CARD, CONTACT
YOUR LOCAL CITY OR TOWN CLERK'S OFFICE**

**FOR MORE INFORMATION ABOUT VERMONT STATE PARKS,
VISIT VTSTATEPARKS.COM**

AGE WELL CORNER



CAPABLE Program COMMUNITY AGING IN PLACE ADVANCING BETTER LIVING FOR ELDERERS



Designed to help older adults function safely in their homes

SERVICES:

- 6 home visits from an Occupational Therapist
- 4 home visits from a registered nurse
- Minor home repair, modifications, & assistive devices

Teams comprised of an occupational therapist, a registered nurse, and a handyman to help older adults identify their own self-care goals which can decrease hospitalization and healthcare costs



ELIGIBILITY:

- 60 years of age or older
- Live in Addison, Chittenden, Franklin, or Grand Isle counties
- Have some difficulty with any ADL (such as bathing, dressing, grooming, eating, walking across a small room)
- Cognitively intact
- Not receiving active cancer treatment or pending surgery
- Not terminally ill
- Income eligible - call for more information

Questions & Referrals: 1-800-642-5119



Age Well is a nonprofit organization that serves Addison, Chittenden, Franklin, and Grand Isle Counties and is the largest Meals on Wheels provider in Vermont. Our mission is to provide the support and guidance that inspires our community to embrace aging with confidence. To learn more and donate, visit: agewellvt.org

HOLY FAMILY PARISH NOVEMBER LUNCHEONS

Meal provided to individuals 60+ years of age.



WHEN & WHERE:

Check in: 11:30 Lunch: 12:00

Holy Family Parish
30 Lincoln St Essex Jct

Julie Shorter Program Director

802- 878-1375 ext 1553

jshorter@ejrp.org

No takeout available

\$5 suggested donation per meal.

CONTACT & REGISTRATION

NOVEMBER 18

Thanksgiving meal: Roast turkey w/gravy, stuffing, mashed potatoes, cranberry sauce, sliced carrots, dinner roll, pumpkin pie w/cream & milk

NOVEMBER 25

Beef steak w/sauce, baked beans, italian vegetables, wheat bread, mandarin oranges w/cream & milk



RESTAURANT TICKET PROGRAM

Program Overview: Age Well has partnered with restaurants in various VT counties to offer nutritious meals to people aged 60+. Individuals can register, donate for a ticket, and dine at one of the restaurants with family/friends on their own time.

Cost: The suggested donation is \$5 per ticket.

Ticket Usage: Upon arrival, present your Age Well ticket to your host/server. They will then give you the special Age Well menu which has been reviewed and is compliant with the Older American's Act guidelines. All other members of your party will select from the regular menu at regular price. Substitutions are not allowed. Any extra items or substitutions ordered will be charged at full price.

PARTICIPATING RESTAURANTS:

- The Dutch Mill Family Restaurant:** 4309 Shelburne Rd in Shelburne
(Available Monday-Friday 7:30am - 2:00pm)
- Halfway House:** 450 VT-22A in Shoreham
(Available Monday-Thursday 5:00am - 8:00pm)
- Ray's Seafood Market:** 7 Pinecrest Dr in Essex Junction
(Available Sunday-Wednesday 11:00am - 3:30pm - Labor Day-Memorial Day)
- 3 Squares Cafe:** 141 Main St in Vergennes
(Available Monday, Thursday, Friday, & Saturday 8:00am - 5:00pm)
- Greenwood Deli & Bakery:** 101 Main St in Richford
(Now Taking Restaurant Tickets: Wednesdays Lunch (11:30am-3pm), Fridays Breakfast (9am-11am))
- Wally's Place:** 260 Rte 2 in South Hero
(Available Wednesday, Thursday & Friday 10am-2pm - Labor Day-Memorial Day)
- Kraemer & Kin:** 230 Rt 129 in Alburgh
(Closed January 1 - March 31)
(Available Thursdays/Fridays 3:00pm - 8:00pm , Saturday 11:00am - 8:00pm, Sunday 10:00am-3:00pm)
- Rockers Pizzeria:** 191 Main St in Vergennes
(Available Monday-Friday 11:00am - 4:00pm)
- The Bridge Restaurant:** 8013 Rte 17 in Addison
(Available Wednesday-Sunday 11:00am-Close (Labor Day-April 30th)
Wednesday and Thursday 11:00am-Close (May 1st-Labor Day)



**TICKETS ARE AVAILABLE AT THE AGE WELL OFFICE AT
875 ROOSEVELT HWY, STE. 210 IN COLCHESTER**

CALL 802-662-5200 FOR MORE INFORMATION

TRANSPORTATION



SSTA BUS OPTION

The Special Service Transportation Agency (SSTA) offers an ADA paratransit program for residents who live within 3/4 of a mile from a fixed route bus service, provided by Green Mountain Transit (GMT), and have a disability that prevents them from walking to or waiting for a bus. Regarding the mile threshold, almost all of the City of Essex Junction qualifies with exceptions being a handful of households within neighborhoods at the western end of South Street, Cascade Street, and Dunbar Drive and a few households at the northern edge of Old Colchester Road. In order to utilize the service, an application must be completed and processed in advance (can take up to three weeks). Applicants will need a certified healthcare professional to verify their disability. The cost per ride for the user is \$2.50.

The application and further information can be found here:
<https://ridegmt.com/paratransit-application/>

If you are not sure if you qualify for the paratransit program or know that you do not, you should call SSTA (802-878-1527) to inquire about what transportation options may be available to you.

If you would like assistance making this call and understanding your options, an EJRP staff member would be happy to help you (802-878-1375).

Crossword Answer

C	O	R	K		C	H	I	P		L	A	C	Y		
O	V	E	R		H	A	I	R	S		E	C	H	O	
D	E	L	E	G	A	T	I	O	N		S	C	A	R	
A	N	Y	M	O	R	E		F	I	S	S	U	R	E	
			L	O	G	S		I	D	I	O	M			
D	E	M	I	S	E		S	T	E	R	N	U	M		
E	X	O	N	E	R	A	T	E		I	S	L	E	T	
B	U	T			S	P	E	E	D			A	L	E	
T	R	O	T	H		P	E	R	I	M	E	T	E	R	
		B	R	E	A	K	E	R		S	A	T	E	E	N
			C	A	R	O	L		P	I	N	E			
A	B	Y	S	M	A	L			E	N	G	R	A	V	E
L	O	C	H		L	A	W	N	T	E	N	N	I	S	
P	O	L	O		A	T	O	N	E		A	T	O	P	
S	T	E	P			E	W	E	R		L	I	L	Y	

Sudoku Answer

2	9	8	1	4	3	5	7	6
5	1	3	6	2	7	4	8	9
7	4	6	5	9	8	2	3	1
4	3	1	9	8	2	6	5	7
9	6	2	3	7	5	8	1	4
8	5	7	4	6	1	9	2	3
3	8	9	2	1	4	7	6	5
6	7	5	8	3	9	1	4	2
1	2	4	7	5	6	3	9	8

Word Scramble Answers

Thanksgiving Word Scramble

Y Y Y Y Y

1. rcon	corn
2. ukppmin	pumpkin
3. krueyt	turkey
4. omfaylwer	mayflower
5. niwsebho	wishbone
6. ciarrbesne	cranberries
7. spmiligr	pilgrims
8. ricdukmts	drumstick
9. dnenir	dinner
10. syam	yams
11. solrl	rolls
12. eremnbv	november
13. gobabl	gobble
14. dessret	dessert
15. ngstuf	stuffing
16. uyhtarsd	thursday
17. efats	feast
18. rgavy	gravy
19. nnasidi	indians
20. rbeda	bread

TRIVIA ANSWER:
1973

ENTERTAINMENT!

WHAT'S NEW ON NETFLIX



- *Fall Into Winter (2023)* – Lori Loughlin headlines this Christmas rom-com.
- *Whitney (2018)* – Documentary using archival footage and interviews looking into the life of the renowned artist Whitney Houston.

NOVEMBER'S BOOK PICKS FROM OUR SENIORS!



Title: The No. 1 Ladies' Detective Agency

Author: Alexander McCall-Smith

The first of the series, the characters are delightful with intriguing puzzles and a warm feel for the local, Botswana.

We all remember that great day in 1969 when man first walked on the Moon. "One Giant Leap" by Charles Fishman tells the story of the little details that over many years made those first steps possible.

Title: One Giant Leap

Author: Charles Fishman

We all remember that great day in 1969 when man first walked on the Moon. "One Giant Leap" by Charles Fishman tells the story of the little details that over many years made those first steps possible.

Available at the Brownell Library!

COOKING CORNER

NO BAKE THANKSGIVING COOKIES!

INGREDIENTS

- Round Chocolate Cookies (thin mints work great!)
- Chocolate Covered Sunflower Seeds
- 1 Tablespoon Chocolate Chips
- Candy Eyes

EASY AND
FUN TO MAKE
WITH
GRANDKIDS!

TOTAL TIME: 15 MINUTES



INSTRUCTIONS



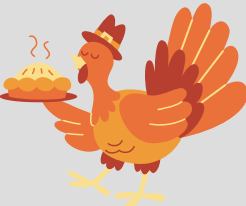


Step 1: Place cookies on a flat surface such as a cutting board.

Step 2: Place chocolate chips into the corner of a resealable sandwich bag, but don't seal. Place them into the microwave and microwave for 30 seconds on high power. Knead chocolate chips. Return to the microwave for an additional 30 seconds, checking every 15 seconds and kneading until completely melted.

Step 3: Snip the corner of the bag and twist so you have a piping bag. Pipe a small amount of chocolate onto the cookies. You'll need 5 feathers at the outer edge, and 2 eyes in the center. Finally, add the beak and red snood. Let set for chocolate to harden before serving.

Recipe from:
<https://therebelchick.com/no-bake-fun-thanksgiving-turkey-cookies-recipe/>

NOVEMBER 2024 CALENDAR

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
					1 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG 1-2:30PM LEARN TO PLAY MAH JONGG	2
3	4 10-11:30AM HARVEST STILL-LIFE DRAWING CLASS AT MAPLE STREET ART STUDIO	5 10AM-1:00PM: BINGO 3:30-4:30PM GAMES GALORE	6 9-10AM BONE BUILDERS 12PM ST PIUS SENIOR LUNCHEON 1-3PM CRIBBAGE	7 12:30-4PM: DUPLICATE BRIDGE	8 JULIE AWAY 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG 1-2:30PM LEARN TO PLAY MAH JONGG	9
10	11 JULIE AWAY NO PROGRAMS	12 JULIE AWAY 10AM- 1:00PM: BINGO	13 JULIE AWAY 9-10AM BONE BUILDERS 1-3PM CRIBBAGE	14 JULIE AWAY 12:30-4PM: DUPLICATE BRIDGE	15 JULIE AWAY 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG 1-2:30PM LEARN TO PLAY MAH JONGG	16
17	18 10AM-NOON HARVEST STILL- LIFE PAINTING CLASS AT MAPLE STREET ART STUDIO 11:30-1PM AGE WELL LUNCH AT HOLY FAMILY	19 10AM- 1:00PM: BINGO	20 9-10AM BONE BUILDERS 1-3PM CRIBBAGE	21 12:30-4PM: DUPLICATE BRIDGE	22 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG 1-2:30PM LEARN TO PLAY MAH JONGG	23 TRIP TO ANYTHING GOES MUSICAL AT MT ABE
24	25 11:30-1PM AGE WELL LUNCH AT HOLY FAMILY	26 10AM- 1:00PM: BINGO	27 9-10AM BONE BUILDERS 1-3PM CRIBBAGE	28 THANKSGIVING  NO PROGRAMS	29 LIBRARY CLOSED- NO MAH JONGG	30

Have something you'd like to add to the next newsletter? See Julie or email her at jshorter@ejrp.org !