

JANUARY 2025

Essex Area Senior Center Newsletter

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January Calendar

START OFF THE NEW
YEAR RIGHT BY JOINING
US FOR ONE OF OUR
SENIOR CENTER WEEKLY
PROGRAMS!

DETAILS INSIDE!



IMPORTANT ANNOUNCEMENTS

We are partnering with Age Well to offer meals by donation on Mondays a few times a month! See page 15 for details!

Cribbage time is shifting slightly- now meeting Wednesdays from 1:30-3:30pm!

The Holy Family Parish Center is EASC's new programming space during the Lincoln Hall Renovations-
Address: 28 Lincoln St. Essex Junction, VT 05452

CONTACT INFORMATION

 FACEBOOK PAGE:
[@essexjunctionrecreationandparks](#)

WEBSITE:
[@www.ejrp.org/olderadults](#)

EJRP CONTACT INFORMATION:
Julie Shorter
Program Director
for Older Adults

EMAIL:
jshorter@ejrp.org

PHONE:
(802) 878-1375 x 1553

TEMPORARY LOCATIONS DETAILS

HOLY FAMILY PARISH CENTER

-Tuesdays: Bingo (10:00 AM - 1:00 PM)

-Wednesdays: Cribbage (1:30-3:30 PM)

-Thursdays: Duplicate Bridge (12:30 PM - 4:00 PM)

Please note that the room in which programs will take place within the Holy Family Parish Center will be inconsistent. There will be various forms of communication to ensure all are aware of the specific locations for each program

BROWNELL LIBRARY - KOLVOORD ROOM
-FRIDAYS: MAH JONGG (10:00 AM - 12:00 PM)

JOIN OUR EMAIL LIST!

-Help us increase communication in the Senior Center by signing up for the list-

Sign up by visiting ejrp.org/olderadults and filling out the Essex Area Senior Center Newsletter Subscription Google form!

Senior Center Newsletter Subscription Google form!

(Form Link:

[HTTPS://forms.gle/qgwRwgkJRUgg51B46](https://forms.gle/qgwRwgkJRUgg51B46))

SENIOR CENTER MEMBERSHIPS

Due to being open only for the first three months of 2024 at Lincoln Hall, before vacating for renovations, there will be no membership fees for the Senior Center until further notice.

LOOKING FOR SENIORS INTERESTED IN PROVIDING BOOK RECOMMENDATIONS AND RECIPES!!

IF YOU HAVE A BOOK YOU WOULD LIKE TO RECOMMEND OR A RECIPE TO SHARE IN THIS NEWSLETTER, PLEASE REACH OUT TO JULIE!

DO YOU PLAY DUPLICATE BRIDGE?

WE'RE LOOKING TO EXPAND OUR NUMBERS!

FIND A PARTNER AND JOIN US THURSDAYS FROM 12:30-4PM AT HOLY FAMILY PARISH CENTER

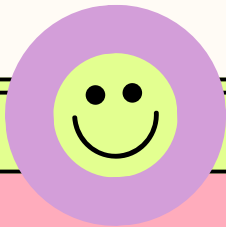


2024 RECAP!

WHAT A YEAR!

FROM JULIE

I just wanted to write a quick note to say thank you for an incredible year! I have only been in this role for 5 months but I feel a deep sense of community with you all. Thank you for welcoming me into this role and coming to my programs and offering suggestions. I promise to continue to work to bring fun and engaging opportunities to you all in the New Year!



MY HIGHLIGHTS

- Getting to know our regulars at weekly programming
- All of our community meals
- Helping people get involved in new programming and events
- Taking our first (hopefully of many!) trips



THE YEAR IN PICTURES!



Art Classes at Maple Street Art Space



Walking Club at Maple Street Park



Trip to Mt Abe for their Fall Musical



Visit from the Girl Scouts at Whitcomb Woods



Picnic in the Park at Maple Street Park



Age Well Luncheons at Holy Family Parish Center



Age Well Volunteers and EJP Staff serving at a luncheon



Cornhole at Picnic in the Park

SENIOR CENTER WEEKLY PROGRAMMING

MONDAYS:

No consistent weekly programs

TUESDAYS:

10AM-1:00PM – BINGO

- FREE! Fun prizes!
- Bring your own lunch, lunch break at 11:30AM
- At the Holy Parish Family Center

WEDNESDAYS:

1:30-3:30PM – Cribbage

- FREE!
- Bring your own board if you have one!
- At Holy Family Parish Center

THURSDAYS:

12:30-4PM - DUPLICATE BRIDGE

- FREE!
- MUST HAVE A PARTNER!
- At the Holy Parish Family Center

FRIDAYS:

10AM-12PM – MAH JONGG

- FREE!
- At the Brownell Library (Kolvoord Room)



Have programming you'd like to see?

Chat with me in person or send me an email!

jshorter@ejrp.org

Whether it's regular weekly programming or a one-off event, I'd love to hear your ideas and help bring them to life!

From Julie!

ART CLASSES

LOTS OF OPPORTUNITIES WITH
TINA LOGAN AT HER STUDIO!
SIGN UP ON **EJRP.ORG**.
SEE JULIE FOR ASSISTANCE
REGISTERING OR
CALL **802-878-1375!**



156 RAILROAD STREET,
ESSEX JUNCTION, VT 05452

GELLI PRINTMAKING

CREATE SOME REALLY FUN PAPERS USING THE GELLI PRINTING TECHNIQUE. YOUR BEAUTIFUL PRINTED PAPERS CAN BE USED FOR COLLAGE WORK, FANCY WRAPPING PAPER, SCRAPBOOKING AND MORE! NO EXPERIENCE NEEDED, JUST INTEREST AND CURIOSITY.



\$25 PER CLASS

MONDAY JANUARY 13TH
10AM-NOON

BOOK MAKING

MAKE YOUR OWN JOURNAL, SKETCHBOOK OR SCRAPBOOK USING A JAPANESE STAB BINDING TECHNIQUE. NO EXPERIENCE NEEDED. TECHNIQUE. NO EXPERIENCE NEEDED.



MONDAY JANUARY 27TH
10AM-NOON

HANDMADE VALENTINE MAKING



MAKE ONE OF A KIND HANDMADE VALENTINES FOR YOUR LOVED ONES USING COLLAGE AND ASSORTED MIXED MEDIA.

MONDAY FEBRAURY 10TH
10AM-NOON



OTHER COMMUNITY OPPORTUNITIES

BONE BUILDERS



FREE!

WEDNESDAYS
AND FRIDAYS
9-10AM
UNITED GRACE
METHODIST
CHURCH
130 MAPLE ST

Bone Builders is an exercise program designed to prevent (and even reverse) the negative effects of osteoporosis. The program is based on research conducted and published by Tufts University which shows that strength training just twice a week dramatically reduces the risk of fractures due to the disease. Study participants gained bone density, became stronger and improved their balance. These health gains significantly reduced the incidence of falling. Bone Builders classes fill a vital need for regular physical exercise as well as increased social interaction, both well-known components of healthy aging.

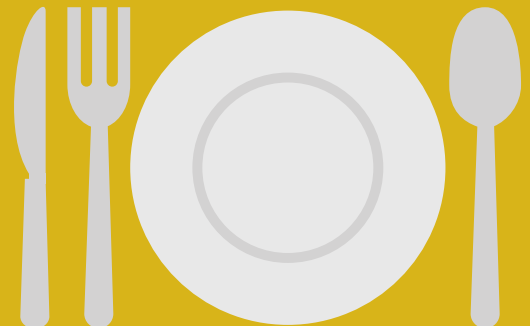
NO
REGISTRATION
REQUIRED-
REMEMBER TO
WEAR
COMFORTABLE
CLOTHING AND
BRING WATER!



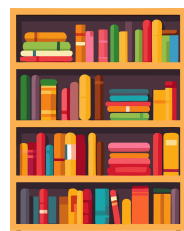
ESSEX COMMUNITY DINNER

**ESSEX COMMUNITY
DINNERS ARE
PROVIDED IN ORDER
TO GROW AND
PROMOTE
COMMUNITY!**

**FRIDAY,
JANUARY 10TH
5:30PM
AT THE HOLY
FAMILY PARISH
CENTER**



BY DONATION



LIBRARY PROGRAMMING OPPORTUNITIES

Fiber Arts Club

Fridays from
6-7:30

For adults of all ages and experiences!

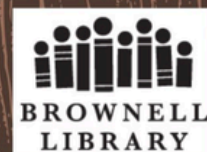
- Check out fiber arts books from our non-fiction section
- Take a sewing pattern home from our pattern swap
- Find pattern or project inspiration from our magazine swap
- Bring your knitting, sewing, crocheting, needlepoint, or other fiber arts project and join the fun!



SATURDAY JANUARY 4
12:30-1:30PM
ADULTS OF ALL AGES ARE
WELCOME
NO REGISTRATION REQUIRED



Cook through a
book club!



GAMES GALORE

First Tuesday of every month
3:30-4:30pm



Come to the library to play board and card games
with people of all ages.



CHECK OUT THESE
PROGRAMMING
OPPORTUNITIES PUT
ON BY BROWNELL
LIBRARY!

LOOKING AHEAD

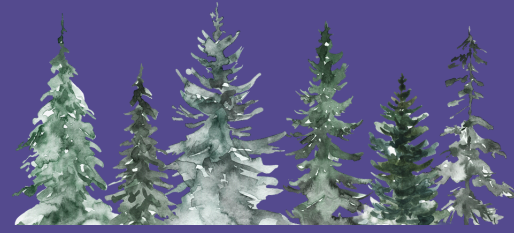


FEBRUARY'S SENIOR LUNCHEON! BY DONATION

FEBRUARY 5TH @ NOON ST. PIUS X

20 JERICHO RD.
ESSEX JUNCTION,
VT 05452

**REMINDER THAT
JANUARY'S
LUNCHEON WILL
BE ON 1/8,
RESERVATIONS
CLOSE 1/3**



RESERVATIONS REQUIRED BY JANUARY 3RD

MEATLOAF, MASHED POTATOES, VEGGIE, DESSERT



**EMAIL:
DEELEYGLORIA@GMAIL.COM
CALL:
DONNA @ (802) 879-7922**

**THANK YOU,
DONNA,
GLORIA, AND
ST. PIUS
VOLUNTEERS!**




BRAIN GAMES!

JANUARY SUDOKU


| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 1 | 3 | | | | |
| 1 | 9 | 3 | | 8 | 4 | 7 | | |
| | | | | 2 | | 5 | 3 | |
| 3 | | 4 | 8 | | | 1 | | |
| 6 | | | | | | | | 2 |
| | | 7 | | | 2 | 3 | | 5 |
| | 5 | 9 | | 6 | | | | |
| | | 1 | 2 | 4 | | 9 | 8 | 3 |
| | | | | 7 | 1 | | | |

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JANUARY WORD SCRAMBLE



State Capitals Word Scramble



1. afrknfrot _____
2. exhonpi _____
3. uujena _____
4. hraentlosc _____
5. nlsnpaioa _____
6. niodsma _____
7. aehirlg _____
8. nillocn _____
9. miylopa _____
10. ibsrmkac _____
11. irnemolept _____
12. nluoluho _____
13. aerctonsma _____
14. ormegttoymn _____
15. slatesaahle _____
16. aenelh _____
17. sclouubm _____
18. nhcneeey _____
19. oakept _____
20. uaagtus _____

PrintableParadise.com

How large is the Times Square New Year's Eve Ball in diameter?



CROSSWORD

Across

- 1. One-upped
- 7. Stair part
- 12. Disinclined
- 13. Like many Disney films
- 17. Indicate
- 18. Rub the wrong way
- 19. Disturb
- 20. Stevie Wonder's "My Cherie ____"
- 21. Destroy the interior of
- 22. Marine mammal
- 23. Kind of tide
- 24. Awaited
- 25. Tune for two
- 26. Rip apart
- 27. Underground worker

| | | | | | | | | | | | | | | |
|----|----|----|---|---|----|--|----|---|---|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | | 7 | 8 | 9 | 10 | 11 | | | |
| 12 | | | | | | | 13 | | | | | 14 | 15 | 16 |
| 17 | | | | | | | 18 | | | | | | | |
| | 19 | | | | | | 20 | | | | | 21 | | |
| 22 | | | | | | | 23 | | | | 24 | | | |
| 25 | | | | | | | 26 | | | | 27 | | | |
| 28 | | | | | | | 29 | | | | 30 | | | |
| 31 | | | | | | | | | | | 32 | | | |
| | | | | | 36 | | | | | | 37 | | | |
| 38 | 39 | 40 | | | | | | | | | | | | |
| 43 | | | | | | | | | | | | | | |
| 46 | | | | | | | | | | | | | | |
| 49 | | | | | | | | | | | | | | |
| 53 | | | | | | | | | | | | | | |
| | | | | | 55 | | | | | | | | | |

- 28. Christmas decoration
- 30. NYC sight
- 31. Meditation location
- 32. Bathroom units
- 36. Suffix with "skeptical"
- 37. Snack time for some
- 38. Assumed name
- 41. RC, e.g.
- 42. Arch type
- 43. Batter's ploy
- 44. Duck's home
- 45. Flash memory precursor
- 46. Star on Broadway
- 47. Sweater size
- 48. God with a hammer

- 49. One who's owed
- 51. Elizabeth II's husband
- 53. Camper's supply
- 54. "Catch-22" author
- 55. Panama passage
- 56. Black-tie

Down

- 1. Youngest Lincoln
- 2. Introductory musical piece
- 3. Regretful
- 4. Working class
- 5. Perfume ingredient
- 6. Sandra of "Gidget"
- 7. Clothing

- 8. Bit of progress
- 9. Pancake topping (var.)
- 10. Mideast chief
- 11. Stool pigeon
- 14. Add at the end
- 15. Musical composition
- 16. Block
- 20. Regarding, old-style
- 22. Glade's target
- 24. Library regular
- 26. Quantity of paper
- 27. Land or stream starter
- 29. Predicament
- 30. Musical conclusion
- 32. Spanish squiggle

- 33. Chinese food appetizers
- 34. Scientific ideas
- 35. Petunia part
- 37. AKC reject
- 38. Taken ____
- 39. Filthy money
- 40. Place in a grave
- 41. Mexican beer
- 44. Eucharist plate
- 45. Early anesthetic
- 47. One of the Simpsons
- 50. Elmer, to Bugs
- 51. High degree
- 52. Be a busybody

GREEN MOUNTAIN PASSPORT

**-A Vermont State Park Visitor's Pass
Discount Program for Seniors & Veterans-**

What is the passport for?

- Free admission to VT State Parks (overnight camping and other park fees are excluded)
- Free admission to Vermont State Historic Sites
- Free admission to events that are fully State-sponsored

Who is eligible?

- Must be a legal resident of the Vermont town or city in which you are applying
- Must be either 62 years of age or older, or a veteran of the uniformed services



How do I get a Green Mountain Passport card?

- Fill out an application at your local City or Town Clerk's Office
- Pay a one-time, \$2 fee to the municipal clerk
- Receive your Green Mountain Passport Card!

**FOR MORE INFORMATION ON THE GREEN MOUNTAIN
PASSPORT CARD, CONTACT
YOUR LOCAL CITY OR TOWN CLERK'S OFFICE**

**FOR MORE INFORMATION ABOUT VERMONT STATE PARKS,
VISIT VTSTATEPARKS.COM**

CAPABLE Program COMMUNITY AGING IN PLACE ADVANCING BETTER LIVING FOR ELDERERS



Designed to help older adults function safely in their homes

SERVICES:

- 6 home visits from an Occupational Therapist
- 4 home visits from a registered nurse
- Minor home repair, modifications, & assistive devices

Teams comprised of an occupational therapist, a registered nurse, and a handyman to help older adults identify their own self-care goals which can decrease hospitalization and healthcare costs



ELIGIBILITY:

- 60 years of age or older
- Live in Addison, Chittenden, Franklin, or Grand Isle counties
- Have some difficulty with any ADL (such as bathing, dressing, grooming, eating, walking across a small room)
- Cognitively intact
- Not receiving active cancer treatment or pending surgery
- Not terminally ill
- Income eligible - call for more information

Questions & Referrals: 1-800-642-5119



Age Well is a nonprofit organization that serves Addison, Chittenden, Franklin, and Grand Isle Counties and is the largest Meals on Wheels provider in Vermont. Our mission is to provide the support and guidance that inspires our community to embrace aging with confidence. To learn more and donate, visit: agewellvt.org

Holy Family Parish January Luncheons

Meal provided to individuals 60+ years of age.

When & Where:

Monday's
Check in: 11:30 Lunch: 12:00
Holy Family Parish
30 Lincoln St Essex Jct

Contact & Registration

Julie Shorter Program Director
802- 878-1375 ext 1553
jshorter@ejrp.org
No takeout available
\$5 suggested donation per meal.

January 13

Lasagna rollette w/ marinara sauce & beef,
Spinach, Biscuit & Pineapple chunks

January 20

CLOSED For MLK Day

January 27

CLOSED



RESTAURANT TICKET PROGRAM

Program Overview: Age Well has partnered with restaurants in various VT counties to offer nutritious meals to people aged 60+. Individuals can register, donate for a ticket, and dine at one of the restaurants with family/friends on their own time.

Cost: The suggested donation is \$5 per ticket.

Ticket Usage: Upon arrival, present your Age Well ticket to your host/server. They will then give you the special Age Well menu which has been reviewed and is compliant with the Older American's Act guidelines. All other members of your party will select from the regular menu at regular price. Substitutions are not allowed. Any extra items or substitutions ordered will be charged at full price.

PARTICIPATING RESTAURANTS:

- The Dutch Mill Family Restaurant:** 4309 Shelburne Rd in Shelburne
(Available Monday-Friday 7:30am - 2:00pm)
- Halfway House:** 450 VT-22A in Shoreham
(Available Monday-Thursday 5:00am - 8:00pm)
- Ray's Seafood Market:** 7 Pinecrest Dr in Essex Junction
(Available Sunday-Wednesday 11:00am - 3:30pm - Labor Day-Memorial Day)
- 3 Squares Cafe:** 141 Main St in Vergennes
(Available Monday, Thursday, Friday, & Saturday 8:00am - 5:00pm)
- Greenwood Deli & Bakery:** 101 Main St in Richford
(Now Taking Restaurant Tickets: Wednesdays Lunch (11:30am-3pm), Fridays Breakfast (9am-11am))
- Wally's Place:** 260 Rte 2 in South Hero
(Available Wednesday, Thursday & Friday 10am-2pm - Labor Day-Memorial Day)
- Kraemer & Kin:** 230 Rt 129 in Alburgh
(Closed January 1 - March 31)
(Available Thursdays/Fridays 3:00pm - 8:00pm , Saturday 11:00am - 8:00pm, Sunday 10:00am-3:00pm)
- Rockers Pizzeria:** 191 Main St in Vergennes
(Available Monday-Friday 11:00am - 4:00pm)
- The Bridge Restaurant:** 8013 Rte 17 in Addison
(Available Wednesday-Sunday 11:00am-Close (Labor Day-April 30th)
Wednesday and Thursday 11:00am-Close (May 1st-Labor Day))



**TICKETS ARE AVAILABLE AT THE AGE WELL OFFICE AT
875 ROOSEVELT HWY, STE. 210 IN COLCHESTER
CALL 802-662-5200 FOR MORE INFORMATION**

TRANSPORTATION



SSTA BUS OPTION

The Special Service Transportation Agency (SSTA) offers an ADA paratransit program for residents who live within 3/4 of a mile from a fixed route bus service, provided by Green Mountain Transit (GMT), and have a disability that prevents them from walking to or waiting for a bus. Regarding the mile threshold, almost all of the City of Essex Junction qualifies with exceptions being a handful of households within neighborhoods at the western end of South Street, Cascade Street, and Dunbar Drive and a few households at the northern edge of Old Colchester Road. In order to utilize the service, an application must be completed and processed in advance (can take up to three weeks). Applicants will need a certified healthcare professional to verify their disability. The cost per ride for the user is \$2.50.

The application and further information can be found here:
<https://ridegmt.com/paratransit-application/>

If you are not sure if you qualify for the paratransit program or know that you do not, you should call SSTA (802-878-1527) to inquire about what transportation options may be available to you.

If you would like assistance making this call and understanding your options, an EJRP staff member would be happy to help you (802-878-1375).

Crossword Answer



Sudoku Answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 7 | 2 | 1 | 3 | 6 | 4 | 9 | 8 |
| 1 | 9 | 3 | 5 | 8 | 4 | 7 | 2 | 6 |
| 8 | 4 | 6 | 7 | 2 | 9 | 5 | 3 | 1 |
| 3 | 2 | 4 | 8 | 5 | 7 | 1 | 6 | 9 |
| 6 | 1 | 5 | 4 | 9 | 3 | 8 | 7 | 2 |
| 9 | 8 | 7 | 6 | 1 | 2 | 3 | 4 | 5 |
| 4 | 5 | 9 | 3 | 6 | 8 | 2 | 1 | 7 |
| 7 | 6 | 1 | 2 | 4 | 5 | 9 | 8 | 3 |
| 2 | 3 | 8 | 9 | 7 | 1 | 6 | 5 | 4 |

TRIVIA ANSWER:
12 FEET

Word Scramble Answers

State Capitals Word Scramble

1. afrknfrot Frankfort
2. exhonpi Phoenix
3. uujena Juneau
4. hraentlosc Charleston
5. nlsnpaioa Annapolis
6. niodsma Madison
7. aehirlg Raleigh
8. nillocn Lincoln
9. miylopa Olympia
10. ibsrnkac Bismarck
11. irmemolept Montpelier
12. nluoluho Honolulu
13. aerctonsma Sacramento
14. ormegtoymn Montgomery
15. slatesaahle Tallahassee
16. aenelh Helena
17. sclouubm Columbus
18. nhceneey Cheyenne
19. oakept Topeka
20. uaagtus Augusta

ENTERTAINMENT!



WHAT'S NEW ON NETFLIX

- **13 Going on 30 (2004)** – Jennifer Garner stars as a teenager who wakes up as her 30-year-old self in this rom-com about second chances and self-discovery. .
- **Apollo 13 (1995)** – Ron Howard's retelling of the ill-fated lunar mission stars Tom Hanks, Kevin Bacon, and Bill Paxton.

DECEMBER'S BOOK PICK FROM OUR SENIORS!



Title: The Boys in the Boat

Author: Daniel James Brown

For the first month of a new year, read the true story of the 1936 Olympic Rowing team from Seattle, Washington. "The Boys in the Boat" is the compelling account of the obstacles the team overcame on the way to the Berlin games. Although you may have seen the movie in 2023, the book tells many more details of that difficult journey. Follow the boys as they beat the odds.

Available at the Brownell Library!

COOKING CORNER

WHITE BEAN SOUP

PREP TIME: 10 MINUTES
 COOK TIME: 35 MINS
 TOTAL TIME: 45 MINUTES

INGREDIENTS

- **4½ CUPS COOKED WHITE BEANS, 3 (14-OUNCE CANS), DRAINED AND RINSED, DIVIDED**
- **4 CUPS VEGETABLE BROTH, DIVIDED**
- **2 TABLESPOONS EXTRA-VIRGIN OLIVE OIL**
- **1 MEDIUM YELLOW ONION, CHOPPED**
- **1 POBLANO PEPPER, STEMMED, SEEDED, AND DICED**
- **1¼ TEASPOONS SEA SALT**
- **1 (4-OUNCE) CAN DICED GREEN CHILES**
- **4 GARLIC CLOVES, CHOPPED**
- **1½ TEASPOONS GROUND CUMIN**
- **1 TEASPOON DRIED OREGANO**
- **½ TEASPOON GROUND CORIANDER**
- **2 TABLESPOONS FRESH LIME JUICE, PLUS WEDGES FOR SERVING**
- **FRESHLY GROUND BLACK PEPPER**

TOPPING SUGGESTIONS:

- FRESH CILANTRO SLICED
- JALAPENO DICED
- AVOCADO



INSTRUCTIONS

- **Step 1:** In a blender, place half the white beans (2¼ cups) and ¾ cup of the broth and blend until smooth. Set aside.
- **Step 2:** Heat the oil in a large pot or Dutch oven over medium heat. Add the onion, poblano, salt, and several grinds of pepper and cook for 5 minutes, stirring occasionally, or until softened. Stir in the green chiles, garlic, cumin, oregano, and coriander, and cook, stirring, for 30 seconds. Add the remaining 3¼ cups broth and 2¼ cups white beans. Simmer for 10 minutes.
- **Step 3:** Add the bean puree, stir, and simmer, uncovered, for 20 minutes. Remove from the heat and stir in the lime juice. Season to taste, and serve with desired toppings and lime wedges for squeezing.

Recipe from:
<https://www.loveandlemons.com/white-bean-soup/>

JANUARY 2025 CALENDAR



| SUN. | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT. |
|-----------|---|--|--|--|--|-----------|
| | | | | 2 12:30-4PM: DUPLICATE BRIDGE | 3 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG | 4 |
| 5 | 6 NO PROGRAMS | 7 10AM- 1:00PM: BINGO 3:30-4:30PM GAMES GALORE | 8 9-10AM BONE BUILDERS 12PM ST PIUS SENIOR LUNCHEON | 9 12:30-4PM: DUPLICATE BRIDGE | 10 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG | 11 |
| 12 | 13 10AM-NOON GELLI PRINTMAKING CLASS AT MAPLE STREET ART STUDIO 11:30-1PM AGE WELL LUNCH AT HOLY FAMILY | 14 10AM- 1:00PM: BINGO | 15 9-10AM BONE BUILDERS 1:30-3:30PM CRIBBAGE | 16 12:30-4PM: DUPLICATE BRIDGE | 17 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG | 18 |
| 19 | 20 NO PROGRAMS | 21 10AM- 1:00PM: BINGO | 22 9-10AM BONE BUILDERS 1:30-3:30PM CRIBBAGE | 23 12:30-4PM: DUPLICATE BRIDGE | 24 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG | 25 |
| 26 | 27 JULIE AWAY 10AM-NOON BOOK MAKING CLASS AT MAPLE STREET ART STUDIO | 28 JULIE AWAY 10AM- 1:00PM: BINGO | 29 JULIE AWAY 9-10AM BONE BUILDERS 1:30-3:30PM CRIBBAGE | 30 JULIE AWAY 12:30-4PM: DUPLICATE BRIDGE | 31 JULIE AWAY 9-10AM BONE BUILDERS 10AM-12PM: MAH JONGG | |

Have something you'd like to add to the next newsletter? See Julie or email her at jshorter@ejrp.org !