





# 2025 SPRING/SUMMER SUMMER Swim Programs

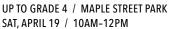


# COMMUNITY EVENTS

#### EJRP EGG HUNT

Grab your own basket or bucket and head to Maple Street Park for a fun filled Egg Hunt! Participants will search for and collect up to 10 eggs, then exchange collected eggs for a goodie bag of treats at the

tent station in the park.
Eggs will be replaced
throughout the event,
ensuring enough for
everyone for the entire
time - come whenever
you can between 10am-12pm!





## MSP SPRING RUNNING SERIES

Get ready to run, compete, and celebrate in the Maple Street Park Running Series! This points-based race series is designed to bring runners of all levels together for some friendly competition in a fun and welcoming atmosphere. Whether you're a seasoned racer or just starting out, you'll love these scenic neighborhood courses near Maple Street Park. Each week, the course will vary between 2.5 and 5 miles, keeping things fresh and exciting. The final race on June 4th coincides with Brooks Global Running Day and will be extra special! We'll celebrate our series winners with an awards ceremony at First Republic Brewery, featuring free food and beverages for all participants courtesy of our sponsors, Fleet Feet and Brooks! Register for the whole series and guarantee yourself an exclusive MSP Spring Race Series t-shirt!

12+ / MAPLE STREET PARK & SURROUNDING NEIGHBORHOODS WED, APRIL 30-JUNE 4
REGISTRATION OPENS: 5:15PM / RACE START: 6PM
\$60 FOR ALL 6 RACES OR \$15/RACE
EJRP





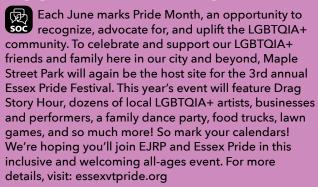
#### PRIDE GLOW RUN -LIGHT UP THE NIGHT!

Kick off Pride Month and Essex Pride Weekend with a fun and inclusive 5K run/walk at Maple

Street Park on Friday, May 30th! All abilities are welcome – run, walk, or dance your way through a glowing course filled with energy, music, and celebration. A high-energy DJ will keep the beats pumping, while glow party fun and bubble stations add extra magic along the way. Don't want to join the 5K? You can still come to dance or show off your best moves in our runway strut to begin the night! This supportive space invites everyone to shine bright, embrace love and diversity, and light up Essex Junction together! Join EJRP and Essex Pride for this fun opening-night celebration!

FRIDAY, MAY 30
REGISTRATION: 7:30PM / RACE STARTS: 9PM
\$25 EARLY BIRD REGISTRATION
\$30 REGISTER BETWEEN MAY 1–29
\$40 DAY OF REGISTRATION

#### ESSEX PRIDE FESTIVAL



ALL AGES / MAPLE STREET PARK SAT, MAY 31 NOON-5PM

#### BROWNELL LIBRARY'S SUMMER READING PROGRAM

Color Our World at Brownell Library during this year's Summer Reading Program. Between June 25-August 13

children and teens can explore the arts, connect with community and have fun! Volunteer opportunities are also available for teens. Join us for a kick off party with the Big Blue Trunk, games, snacks and face painting on June 25 at the library and celebrate the Summer Reading fun with a performance by the No Strings Marionettes at Maple Street Park on August 13. Program brochures will be released at the beginning of June. Learn more at Brownelllibary.org.

BIG BLUE TRUNK: WED, JUNE 25 / 5-7PM / BROWNELL LIBRARY NO STRINGS MARIONETTES: WED, AUGUST 13 / 5:30-7PM / MAPLE STREET PARK

# ESSEX JUNCTION FOURTH OF JULY CELEBRATION

Make this July 4th extra special by joining us at the Essex Junction Fourth of July Celebration at the Champlain Valley Expo! Festivities begin at 6pm with live music by Sticks & Stones, games, face painting, balloon artists, bounce houses, and more. Enjoy your favorite fair foods from 12+ vendors. We will end the evening with a fireworks display that will begin at 9:30pm. Come celebrate Independence Day with EJRP and your community!

ALL AGES / CHAMPLAIN VALLEY FAIRGROUNDS MIDWAY LAWN FRI, JULY 4 FESTIVITIES BEGIN AT 6PM FIREWORKS BEGIN AT 9:30PM





# MAPLE STREET PARK SUMMER PERFORMANCES

Join us at Maple Street Park on Tuesday evenings this summer for a fun family-friendly performance! Bring a chair or blanket and get ready to experience the variety of entertainment we have planned throughout the summer. Be sure to visit ejrp.org for schedules and updates as we get closer to summer.

#### MAPLE STREET POOL DOG DAY

For one day only, Maple Street pool goes to the dogs! Bring your furry friend to splash and play as we finish up the season with this caninecentered celebration!

SAT, AUGUST 23 / 12-2PM



#### COMMUNITY GARDENS

Want to grow fresh veggies? Consider joining a community garden! We have 100 plots at two locations, West Street and Meadow Terrace. Each year the plots are first offered to those who had them last year. After that, any open plots are re-assigned based upon a waiting list kept by EJRP. To be added to the waitlist, please contact the office at 802-878-1375 or recreation@ejrp.org. We will begin working through the waitlist in mid-March.

GARDEN PLOT SIZE: WEST STREET 25'x25' / MEADOW TERRACE 24'x18' CITY RESIDENT: \$40 / NON-RESIDENT: \$60

# PICKLEBA **CAMPS & CLINICS**

#### **BEGINNERS PICKLEBALL AT THE POP!**

Want to learn pickleball? We've got you covered. Please join us for a crash course where athletes will learn all the basics. We will cover strokes, scoring, serving/ returns, and more through drills and games. Our goal is to introduce the game of pickleball in a fun, engaging, inclusive environment. Pickleball is for EVERYONE, come on over to play!

AGES 18+ / THE POP! 131 RED PINE CIRCLE, ESSEX

MON, 5-6:30PM OR FRI, 1-2:30PM SESSION 1: MARCH 17-APRIL18 SESSION 2: APRIL 28-MAY 30 SESSION 3: JUNE 9-JULY 11 SESSION 4: JULY 21-AUGUST 22

\$125

THE POP! STAFF

#### **INDOOR PICKLEBALL AT THE POP! ADULT OPEN PLAY**



If you already know the basics and just want to play in a welcoming, fun and inclusive environment, these sessions are for you! Low to intermediate skill level welcome.

AGES 18+ / THE POP! 131 RED PINE CIRCLE, ESSEX

TUE, 6:30-8:30PM OR THU, 1-3PM SESSION 1: MARCH 18-APRIL17 SESSION 2: APRIL 29-MAY 29 SESSION 3: JUNE 10-JULY 10 SESSION 4: JULY 22-AUGUST 21

\$70

THE POP! STAFF

#### **PICKLEBALL VACATION CAMP AT THE POP!**

This half day vacation camp is designed to build fundamentals while participating in games, contests, and more. Our experienced instructors and staff will provide personalized instruction in an inclusive, positive teambuilding environment. Our goal is to help hone skill and provide game strategies, but most importantly build a love for the sport. Campers will participate in 30-minute sessions that will cover footwork, volleying, serving/returning, and conditioning. They will be paired with like skilled players to build confidence and ensure a day of fun for all! Campers will need a water bottle, snack, and sneakers with nonblack soles. All other materials will be provided.

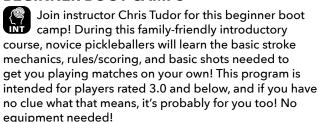
GRADES K-8 / THE POP! 131 RED PINE CIRCLE, ESSEX MON-FRI, APRIL 21-25 / 9AM-12PM OR 1-4PM \$150 THE POP! STAFF

#### FREE LEARN TO PLAY CLINIC

Join instructor Chris Tudor for this FREE learn to play clinic and celebrate the nets being put up! This family-friendly program will help you begin to understand the rules, basic mechanics, and fun that Pickleball provides! While this program is free, registration is required, and space is limited. No equipment needed!

18+ / CASCADE PARK PICKLEBALL COURTS SAT. MAY 3 / 1-3PM FREE, REGISTRATION REQUIRED CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

#### **BEGINNER BOOT CAMPS**



18+ / CASCADE PARK PICKLEBALL COURTS SESSION 1: MON, MAY 5-19 / 6-8PM SESSION 2: TUE/WED, AUGUST 5-13 / 6-7:30PM CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

#### **BEGINNER CRASH COURSE**



This one-off clinic is designed to get you up to speed as quickly as possible so you can get right to learning on the fly!

16+ / CASCADE PARK PICKLEBALL COURTS WED, MAY 28 / 6-8PM CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

#### INTERMEDIATE BOOT CAMPS

Take your game to the next level with instructor Chris Tudor! This intermediate boot camp is designed to introduce players to game strategies, court positioning, and some advanced shots like the dink and drop. This course is for pickleballers rated 2.0-3.25 or those who have participated in a beginner camp previously. No equipment needed!

16+ / CASCADE PARK PICKLEBALL COURTS SESSION 1: MON, JUNE 2-16 / 6-8PM SESSION 2: MON/TUE, JULY 7-15 / 6-7:30PM CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR



#### **INTERMEDIATE CRASH COURSE**



This one-off clinic is designed to get you from rookie to champ as quickly as possible.

16+ / CASCADE PARK PICKLEBALL COURTS WED, JUNE 4 / 6-8PM \$40 CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR



#### INTERMEDIATE IMPROVEMENT MINI CAMP

This two session intermediate boot camp is designed to improve player's skills in game strategies, court positioning, and some advanced shots like the dink and drop. This course is for pickleballers rated 3.0-3.5. No equipment needed!

16+ / CASCADE PARK PICKLEBALL COURTS WED, AUGUST 27-SEPEMBER 3 \$60 CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

#### Promoting Community Health & Wellness



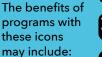
**EMOTIONAL:** Growth in your ability to identify and express your own thoughts and feelings, increased empathy, and skills to connect with and understand others.



**ENVIRONMENTAL:** Exploring the wonder of the natural world, an understanding of connections between our choices and their impact on the environment, and time spent outdoors.



**INTELLECTUAL:** Stimulating mental activity, acquiring new skills or knowledge, and improved creative thinking.





**PHYSICAL:** Exercise, learning about healthy nutrition, improved cardiovascular health, and muscular strength and agility.



**SOCIAL:** Community fostered by shared experiences, new friends and an expanded support network, a sense of respect, tolerance, and acceptance of others in our community.

# ATHLETIC PROGRAMS

#### SWISH SPRING BASKETBALL LEAGUE

This exciting Spring Basketball program helps bridge the gap between Rec and elite travel ball by providing practice and game experience overseen by experienced AAU coaches for players with some basketball experience. Full participants will receive two weekday practices and will be entered on a team for our SWISH Spring League games. Visit SwishNewsVT.com for registration information.

GRADES: 4-12, BOYS/GIRLS DIVISIONS
MARCH 17-MAY 17
FULL TEAM REGISTRATION: \$495
INDIVIDUAL FULL PARTICIPATION: \$285
INDIVIDUAL GAME-ONLY PARTICIPATION: \$185
CHRIS MCCURLEY, SWISH BASKETBALL

#### **SOCCER SPARKS**

Soccer Sparks offers age-appropriate soccer classes for kids ages 2-9 in a low pressure, high skill learning environment. The Soccer Sparks approach utilizes fun and games so that children develop a passion for soccer without the stress of competitive play. Taught by USSF Nationally Certified coaches, Soccer Sparks' "all-ball" training techniques help kids meet their maximum potential while emphasizing fair play and enjoyment of the sport.

MAPLE STREET PARK / FLEMING SAT MAY 10-31 JUNE 14-JULY 12 (NO CLASS JULY 5) JULY 26-AUGUST 16 AGES 2-3: 9-9:30AM AGES 3-4: 9:35-10:05AM





#### **ESSEX JUNCTION LITTLE LEAGUE**

The following baseball programs are available to CITY OF ESSEX JUNCTION RESIDENTS only. EJLL participants will practice and play home games at Maple Street and/or Cascade Park. Registration and further details are available at EJLLVT.org.

FIRST TIMER: AGES 4-6, PREK OR KINDERGARTEN PROGRAM SERVING AS AN INTRODUCTION TO THE SPORT, PARENT PARTICIPATION IS

**ENCOURAGED IN THIS PRACTICE ONLY PROGRAM.** 

TEE BALL: AGES 4-6 OR KINDERGARTEN. PRACTICE & GAMES.

COACH PITCH: AGES 6-8 & GENERALLY GRADE 1-2. MINORS: AGES 8, 9, & 10 AS OF AUGUST 31

MAJORS: AGES 11 & 12 AS OF AUGUST 31 MAPLE STREET PARK & CASCADE PARK

**EVALUATIONS: MARCH 12 (MINORS & MAJORS ONLY)** 

SEASON: MAY 3-JUNE 7

FIRST TIMER & ROOKIE: \$75 / MINORS & MAJORS: \$125

#### **ESSEX TOWN LITTLE LEAGUE**



The following baseball programs are available to TOWN OF ESSEX RESIDENTS only. ETLL

participants will practice and play home games at Foster Road Park. Registration and further details are available through their website, www.essextownlittleleague.org.

T-BALL: AGES 4-6 FARM: AGES 7-8

MINORS: AGES 8, 9, & 10 AS OF AUGUST 31 MAJORS: AGES 11 & 12 AS OF AUGUST 31

**FOSTER ROAD PARK** 

**EVALUATIONS: MARCH 16 AT THE STRIKE ZONE, TIMES TBD (MINORS** 

AND MAJORS ONLY) SEASON: MAY 5-JUNE 7

\$90 PRIOR TO 3/16, \$100 AFTER 3/16

#### **ESSEX YOUTH SOFTBALL**



The following softball programs are available to both CITY OF ESSEX JUNCTION and TOWN OF

ESSEX residents. Softball is played at Foster Road Park. Registration and further details are available through the ETLL website, essextownlittleleague.org.

FARM: AGES 7-8

MINORS: AGES 8, 9, & 10 AS OF AUGUST 31 MAJORS: AGES 11 AND 12 AS OF AUGUST 31

**FOSTER ROAD PARK** 

EVALUATIONS: MARCH 16 / THE STRIKE ZONE, TIMES TBD (MINORS

AND MAJORS ONLY) SEASON: MAY 5-JUNE 7

\$90 PRIOR TO 3-16, \$100 AFTER 3-16

#### **ESSEX YOUTH LACROSSE**



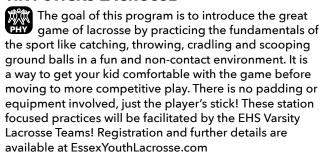
Essex Youth Lacrosse serves as the recreational PHY lacrosse program available to all EWSD families.

These recreational lacrosse programs focus on basic skill development, understanding of the game, and competitive games played in the Northern Vermont Youth Lacrosse League. Second graders who have participated in multiple years of Tiny Sticks may play up at the 3/4 grade level with permission. Registration and further details are available at EssexYouthLacrosse.com

BOYS & GIRLS GRADES 3-8 / MAPLE STREET PARK & PRAIRIE FIELDS WEEKDAY PRACTICES: MARCH 9-JUNE 7 / GAMES: MAY-JUNE / BOYS: SAT, GIRLS: SUN

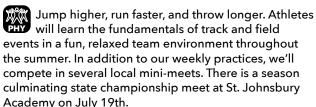
**ESSEX YOUTH LACROSSE BOARD** 

#### TINY STICKS LACROSSE



GRADES K-2 / ESSEX HIGH SCHOOL ATHLETIC FIELDS SAT, MAY 3-JUNE 7 / 8:30-10AM **ESSEX YOUTH LACROSSE BOARD** 

#### SUMMER YOUTH TRACK & FIELD TEAM



**GRADES 2-8 / ESSEX HIGH SCHOOL TRACK** MON/WED/THU, JUNE 16-JULY 19 / 5:30-6:30PM \$95 JESS LIBRIZZI



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### **ATHLETIC PROGRAMS**

#### JR HORNETS SOCCER CLINICS

This exciting parent/child introductory program prepares your child for organized soccer in a fun, non-competitive environment. Age-appropriate equipment will be used to teach kicking, dribbling, trapping, throw-ins, and agility.

3-5 YEARS WITH PARENT / MAPLE STREET PARK MON, JULY 7-AUGUST 11 OR WED, JULY 9-AUGUST 13 4:45-5:30PM \$50 EHS VARSITY GIRLS SOCCER & COACH DALLAS BRODHEAD

#### YOUNG HORNETS SOCCER CLINICS

This program is designed to take your Jr Hornets career to the next level. Coach Dallas Broadhead and the EHS Girls Varsity team will take the field with your child to further develop the foot/eye coordination, balance, and footwork needed to play the game.

ENTERING GRADES K-1: MON, JULY 7-AUGUST 11 ENTERING GRADES 2-3: WED, JULY 9-AUGUST 13 5:30-6:15PM \$50 EHS VARSITY GIRLS SOCCER & COACH DALLAS BRODHEAD

#### **PARENT/CHILD TENNIS**

This parent and child program teaches both the adult and the child

the fundamentals of tennis. In all of our busy lifestyles, it is nice to learn and exercise with your child. Have fun and play the game of tennis with your kiddo this summer!

**ESSEX HIGH SCHOOL** 

AGES 4-7: MON. JULY 7-AUGUST 11 / 5:30-6:30PM AGES 4-7: TUE, JULY 8-AUGUST 12 / 5:30-6:30PM AGES 7-10: MON, JULY 7-AUGUST 11 / 6:30-7:30PM AGES 7-10: TUE, JULY 8-AUGUST 12 / 6:30-7:30PM \$95 **USTA** 

#### **ESSEX CHARGERS YOUTH FOOTBALL**

The Essex Chargers Youth Football program is a non-profit, volunteer run organization which strives to inspire the participants with the fundamental principles of teamwork and fair play, while having a strong focus on fun. The Essex Chargers are part of the Northern Vermont Youth Football League (NVYFL), which has been in existence since the 1960's. The VT youth football community within the league currently consists of 17 teams. Each year more than 100 children participate in the Essex Chargers Flag (grades 1-4) and Tackle (grades 5-6/7-8) programs. Visit EssexChargersFootball.com for more info and to register!

GRADES 1-8 / MAPLE STREET PARK AUGUST 11-NOVEMBER 1 FLAG FOOTBALL: GRADES 1-4 / \$80 TACKLE FOOTBALL: GRADES 5-8 / \$150 CHARGERS FOOTBALL BOARD

#### **CHARGERS YOUTH CHEERLEADING**

MAPLE STREET PARK

Chargers Youth Cneerleading is for aspiring cheerleaders entering grades 3-8 looking for some additional coaching and participation opportunities outside of the competitive Winter cheerleading season. This program will be led by ADL and EMS cheerleading coaches with instruction focused on but not limited to chants/cheers, jumps, stunts, tumble, and more. This is a good introduction to cheerleading, and it allows participants to continue practice of skills that they will use in competitive winter season if they choose. Participants will be broken into grade groupings for teams with the program culminating by cheering at Chargers Youth Football games at Maple Street Park.

**GRADES 3-8 / MAPLE STREET PARK AUGUST 11-NOVEMBER 1** GRADES 3-4: SUN, 9-10AM GRADES 5-6: THR 6:30-7:30PM & SUN 10-11AM GRADES 7-8: TUE 6:30-7:30PM & SUN 11AM-1PM \$215



# ADULT RECREATION & FITNESS



#### BARCOMB SPRING & SUMMER MEN'S BASKETBALL LEAGUES

Join us for this popular, fast -paced, competitive league which will play on Monday or Wednesday nights. Leagues end with playoffs and culminate in crowning a league champion at our Greg Wilcox Championship game. EJRP has named this league after our long-time league director, Dennis Barcomb. Game times and dates are subject to change due to gym availability.

AGES 18-59 / EHS / ADL / EMS

SPRING LEAGUE: EVALUATION: MON, MARCH 10 GAMES: MON/WED, MARCH 17-MAY 28 / 6-9PM SUMMER LEAGUE: EVALUATION: WED, JUNE 4 GAMES: MON/WED, JUNE 11-AUGUST 27 /

\*GAME TIMES/DATES ARE SUBJECT TO CHANGE DUE TO GYM AVAILABILITY

\$65 EJRP

#### **MEN'S PICK-UP HOOPS**

Time to stretch those muscles and get in shape.
Join us for pick-up basketball, fun, and fitness every
Tuesday night.

AGES 30+ / ADL

SPRING: TUE, MARCH 11-JUNE 10 SUMMER: TUE, JUNE 17-AUGUST 26

7-9PM \$40

**ROBERT HAGGERTY & VOLUNTEERS** 

#### **WOMEN'S PICK-UP BASKETBALL**

Join us each Tuesday night for female only, noncompetitive pick-up games for fun and fitness. Join this amazing group of women ballers to get back into shape and work on your game!

AGES 18+ / FLEMING

SPRING: THU, MARCH 13-JUNE 12 SUMMER: THU, JUNE 19-AUGUST 28

7-9PM \$40

**AMANDA DALL & VOLUNTEERS** 

#### **NIA DANCE CLASS WITH FRANCES BINDER**

Nia® is a 60-minute dance, fitness, mindfulness practice with the principle of "joy of movement" at its core. Drawing from the wisdom and movement languages of modern dance, martial arts, and healing arts, Nia delivers a fun, energetic hour of movement (including warm-up, cool-down, and stretch phases). The practice is designed to promote mindfulness and to be personalized for any body or energy level, all while offering a high cardio workout that's easy on your joints. All choreography is based on a menu of 52 simple moves, and participants are encouraged to adapt the moves in their own body's way. No dance experience necessary. Step into the studio, take off your shoes, and get ready to feel better inside and out as we dance and sweat joyfully to a diverse array of fabulous music.

AGES 18+ / MAPLE STREET PARK

SUN / 9-10AM

SPRING SESSION 1: MARCH 9-APRIL 13 SPRING SESSION 2: MAY 4-JUNE 8 SUMMER SESSION 1: JUNE 22-JULY 27

SUMMER SESSION 2: AUGUST 10-SEPTEMBER 14

\$30

FRANCES BINDER, NIA BLUE BELT CERTIFIED INSTRUCTOR

#### **EASY GOING FLOW YOGA**

Easy Flow Yoga combines many components of a well-rounded yoga practice with simple sequencing and longer hold times of some poses. Connect to your body and breath for an hour and return to the world a more centered you. This class is available to those with some yoga experience, regardless of age and gender. Yogis should bring a mat or blanket to practice on.

AGES 18+ / MAPLE STREET PARK MULTIPURPOSE ROOM THU, MARCH 20-APRIL 17 OR MAY 1-29 \$60 OR \$15 DROP-IN BRIELLE CATALDO, ROAM & OM

# RECREATION CAMPS

#### **TENNIS CAMP**

This is the perfect opportunity for your child to learn a lifelong sport in a fun and recreational way. This active program will give your child the opportunity to learn the fundamental skills of tennis. Players will be taught the rules of the game and will work on their forehand, backhand, and much more!

ESSEX HIGH SCHOOL / MON-FRI, 9AM-12PM
ENTERING GRADES 4-6: JUNE 16-20 OR JULY 21-25
ENTERING GRADES 1-3: JULY 14-18 OR AUGUST 11-15
\$145
USTA



#### **CHESS WIZARDS CAMP**

Keep your brain turned on... with chess, fun and games all summer long! Join us this Summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle – your brain!

ENTERING GRADES K-8 / HIAWATHA ELEMENTARY MON-THU, JUNE 30-JULY 3

MORNING SESSION: 9AM-12PM / \$257 AFTERNOON SESSION: 12-3PM / \$257 ALL DAY OPTION: 9AM-3PM / \$350

**CHESS WIZARDS STAFF** 

#### INTRODUCTION TO FLY FISHING

This 6-hour course will introduce the novice fly angler to the basics of fly fishing. Topics include fly rod and reel identification, line, leader and tippet construction, categories of flies and how to "match the hatch" and how to cast with a fly rod. Students will be given an overview of how to present the fly to fish in different types of water, how to read the water and the best methods to catch fish. Various other advanced casting techniques will be demonstrated and practiced. Basic knot applications and tying will be demonstrated and practiced. This course will be led by Jamie Eisenberg, a local fly-fishing guide and instructor, who has been fly-fishing and tying flies for over 30 years. Attendees should bring a light lunch or snacks, beverages, polarized sunglasses, a ball cap, sunscreen, and water shoes. A valid VT Fishing license is required and may be purchased at www.vtfwdsales.com/online/cid\_entry.php

AGES 14+ / MILLS RIVERSIDE PARK, JERICHO SUN, JULY 13 / 8AM-2PM \$100 JAMIE EISENBERG

#### **ARCHERY CAMP**

Participants will learn to aim, shoot, and score as they develop the self-discipline and confidence needed to become top-notch archers. Safety, basic skills and fundamentals will be taught through individual instruction, shooting and team building drills.

ENTERING GRADES 3-7 / MAPLE STREET PARK MON-FRI, JULY 21-25 OR JULY 28-AUGUST 1 1-2PM OR 2:30-3:30PM \$95 PELKEY'S ARCHERY







#### **DERBY CAMP**

Green Mountain Roller Derby presents the PHY Minor Catastrophes' Roller Derby Camp for all gendered youth 2nd-12th grade. Campers will be able to learn how to roller skate, learn the basics of roller derby and have a safe place to explore a new sport in a supportive environment. We'll learn new skills, play games, and grow confidence. Learning new things can be scary but GMRD trainers will be there to help you have fun on your skates! Campers will need to bring a mouthguard, skates, knee pads, and a snack/lunch. A limited amount of loaner gear is available upon request.

ENTERING GRADES 2-12 / ESSEX HIGH SCHOOL RINK MON-FRI, JULY 21-25 / 9AM-1PM \$125 **GMRD SKATERS** 

#### **MOUNTAIN BIKE CAMP**

Our 5-day MTB camps oner many random and skills progression for riders ages 8-13, whether they're just starting off or looking to take riding to the next level. Camps will be based out of Maple Street Bike Park and local trails like Saxon Hill or Catamount and led by our professional program staff. Pick up/drop off locations will be determined based on trial conditions, but Monday will start at Maple Street Park! Bikes are available to use at no cost!

**ENTERING GRADES 4-9** MAPLE STREET PARK, CATAMOUNT, & SAXON HOLLOW MON-FRI, JULY 7-11 OR AUGUST 11-15 / 9AM-12PM \$175

AARON MASON, ELLIOTT RIGGEN, & LIAM GORNIAK

# **(B&HUTTON** SUMMER CAMPS

Longtime EWSD teachers, athletic directors, and overall fantastic people have teamed up to provide our community with the following specialty camp offerings! Participants in these programs should be prepared to get messy, learn to clean up, and be prepared to be fully unplugged! Cell phones will be collected to start each camp with limited opportunities for participants to access them during the camp hours. Campers registered for morning and afternoon half day options during the same week are eligible for 20% off both camp registrations, call EJRP at 802-878-1375 for the discounted rate!

#### **SEW COOL CAMP**



Participants will learn the basics of using

a sewing machine (provided) including how to wind a bobbin and thread the needle. Participants will learn the basics of sewing through small projects such as scrunchies, pin cushions and bookmarks. By the end of the



week, participants will create their own Flannel Pajama bottoms and will learn life skills to last a lifetime! Campers will have the option to stay later than the 4pm pick up if they need more time to finish their project later in the week. Some materials will be provided but a few materials will need to be purchased ahead of time, a material list will be provided before the course begins.

EHS HOME ECONOMICS CLASSROOM MON-THU, JUNE 30-JULY 3 ENTERING GRADES 7-10 / 2-4PM \$200 **ROSALIND HUTTON** 

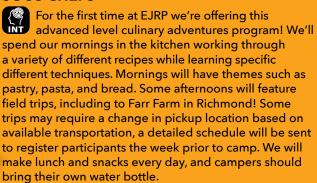
#### **SUMMER PE CAMP**

Join us for this hair day camp location of favorite PE class games all kids love to play Join us for this half day camp featuring a variety including medic, kick the can, sharks and minnows, capture the flag, tag games and more! Campers will have a voice in what games we play each day. Please have campers wear sneakers and bring a water bottle and small snack each day to camp.

**ENTERING GRADES 4-8 / EHS ICE RINK & ATHLETIC FIELDS** MON-FRI, JULY 7-11 / 1:30-4PM \$125 **ROSALIND HUTTON & KEVIN BARBER** 

#### **CULINARY ADVENTURES**

#### **SOUS CHEFS**



ENTERING GRADES 7-10 / EHS HOME ECONOMICS KITCHEN MON-FRI, JUNE 23-27 / 9AM-3PM ROSALIND HUTTON ¶ KEVIN BARBER

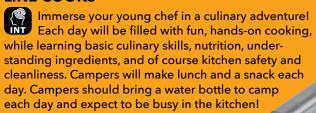
#### **ALL AMERICAN SUMMER**



Join us for a brand-new culinary adventure this year celebrating a week of All-American cuisine as we gear up for those Fourth of July BBQ's! Participants will spend the week building a menu and cooking everything they'll need to host their own Fourth of July culinary experience at home!

ENTERING GRADES 4-10 / EHS HOME ECONOMICS KITCHEN MON-THU, JUNE 30-JULY 3 / 9AM-1PM **ROSALIND HUTTON & KEVIN BARBER** 

#### **LINE COOKS**



**ENTERING GRADES 4-8/ EHS HOME ECONOMICS KITCHEN** MON-FRI, JULY 7-11 9AM-1PM **ROSALIND HUTTON &** KEVIN BARBER

# LEtGO YOUR MI STEM CAMPS

#### WEEK 1

#### TOY TALES: LEGO BUILDING & CODING, STOP MOTION ANIMATION, & MORE

Saddle up and blast off as we join our cowboy and space friends on an adventure out of this world! Students will have a blast from creating motorized LEGO trains to escape the wild west bandits to building space rovers that will let us explore galaxies far away. Our experienced staff will guide students through each step, teaching them how to use axles, gears, battery packs, pulleys, and motors. Along the way children will also build LEGO animals like Rex the dinosaur and Bullseye the horse while learning how to code them using drag-and-drop-based interface with Bluetooth technology. In the afternoon students will have the opportunity to produce their own LEGO stop motion animations! Students will devise a plot, build a set, and capture images. In addition they will learn to edit their films, attach music, and add titles/credits using professional stop motion software.

AGES 6-8 / HIAWATHA MON-FRI, JULY 7-11 / 9AM-3PM \$395

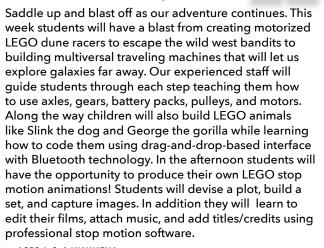
#### MISSION TO MARS: LEGO ROBOTICS CHALLENGE, STOP MOTION ANIMATION, & MINECRAFT

Prepare yourself as we blast off to explore Mars! This week students will unleash their inner engineer by working hands-on with LEGO MINDSTORMS to build and program EV3 robots. Using axles, gears, motors and sensors students will need to use creative problem-solving skills, communication, and teamwork to complete various missions around the Mars challenge mat. Our experienced staff will be there each step of the way from building add-on LEGO mechanisms for collecting rock samples to using the color sensor to detect when the robot reaches the lunar base. In the afternoon students will have the opportunity to produce their own LEGO stop motion animations! Students will devise a plot, build a set, and capture images. In addition they will learn to edit their films, attach music, and add titles/credits using professional stop motion software. In addition students will learn all about Redstone and circuits in Minecraft. Each day students will be tasked to brainstorm, build, and test different machines for various purposes.

AGES 9-13 / HIAWATHA MON-FRI, JULY 7-11 / 9AM-3PM \$395

#### WEEK 2

## TO INFINITY & BEYOND: LEGO BUILDING AND CODING, STOP MOTION ANIMATION, & MORE



AGES 6-8 / HIAWATHA MON-FRI, JULY 14-18 / 9AM-3PM \$395

## SPACE ADVENTURE: LEGO ROBOTICS SPACE GAME COMPETITIONS, STOP MOTION ANIMATION, & MINECRAFT

Prepare yourself as we continue our exploration of Mars! This week students will continue to work with LEGO MINDSTORMS to build and program EV3 robots. In addition to completing various missions around the Mars challenge mat students will also be competing in space-themed games such as bowling and soccer. Using axles, gears, motors and sensors students will need to use creative problem-solving skills, communication, and teamwork to earn points and score big! Our experienced staff will be there each step of the way to help guide students along. In the afternoon students will have the opportunity to produce their own LEGO stop motion animations! Students will devise a plot, build a set, and capture images. In addition they will learn to edit their films, attach music, and add titles/credits using professional stop motion software. In addition students will learn all about Redstone and circuits in Minecraft. Each day students will be tasked to brainstorm, build, and test different machines for various purposes.

AGES 9-13 / HIAWATHA MON-FRI, JULY 14-18 / 9AM-3PM \$395

# TEAM SPORT **CAMPS**

#### **BRAZILIAN UNITED SOCCER CAMP**

Brazilian Soccer Camp is open to all kids aged 7 to 14, regardless of skill level. The camp focuses on developing technical soccer skills through engaging cultural activities, mini-tournaments, and lots of fun. Participants will make friends, learn new skills from professional Brazilian soccer coaches, and receive a customized evaluation card at the end of the camp.

AGES 7-14 / MAPLE STREET PARK

MON-FRI, JUNE 23-27

HALF DAY: 9AM-12PM / \$209 FULL DAY: 9AM-3PM / \$249

BERNARDO GOMIDES & THE BRAZILIAN UNITED SOCCER STAFF

#### **BRAZILIAN UNITED FUTURE STARS CAMP**

Designed for children aged 4 to 6, this program provides a fun and engaging introduction to soccer. Through storytelling and playful activities, it promotes motor and cognitive development. Our coaches foster an environment that helps kids feel comfortable, have fun, and develop a love for soccer in a supportive setting.

AGES 4-6 / MAPLE STREET PARK MON-FRI, JUNE 23-27 / 3-4PM \$109

BERNARDO GOMIDES & THE BRAZILIAN UNITED SOCCER STAFF

#### **SOCCER SPARKS CAMP**

AGES 7-12 / MAPLE STREET PARK

FULL DAY: 9AM-3PM / \$245

MORNING SESSION: 9AM-12PM / \$185

MON-FRI, JULY 14-18

DRAGOMIR PARVANOV

It's play time! This camp is based on our 'all ball approach' of learning and mastering the fundamentals and more advanced skills in the game of soccer. Includes games which are fun to play but also physically and technically challenging. It reinforces the idea that youth sports are a 'developmental zone' with lessons and skills lasting a lifetime. Each day finishes with a scrimmage where children can enjoy the game and play with the newly learned skills. Camper will get a chance to enjoy a brought from home lunch and swim in the pool each day from 12-1pm. The camp is instructed by Coach Dragomir and the great Soccer Sparks coaches. Participants will receive a Soccer Sparks t-shirt and a soccer ball.

Seman Field

#### STRIKERS BASEBALL CAMP

Join the Strike Zone Baseball Academy staff for this fun and exciting baseball camp. Emphasis will be on having fun with quality instruction in fundamentals. Skills will be taught by high quality instructors and practiced through fun drills and competitive games.

ENTERING GRADES 2-6 / MAPLE STREET PARK MON-FRI, JUNE 16-20 OR AUGUST 11-15 / 9:30AM-12PM

THE STRIKE ZONE BASEBALL STAFF

#### SWISH BASKETBALL SUMMER CAMP

This week-long, full-day camp will feature multiple basketball sessions per week with daily access to the Maple Street Pool (weather dependent) as well! Beginner to skilled boy and girl players will work together to develop skills and further their proper shooting mechanics. The week will conclude with skills competitions and games for parents to watch!

ENTERING GRADES 4-8 / ESSEX HIGH GYM MON-FRI, JULY 14-18 / 9AM-3PM \$300 CHRIS MCCURLEY, SWISH BASKETBALL

#### **ESSEX JUNCTION YOUTH BASEBALL CAMP**

Luke Goyette is bringing a week of baseball camp to Maple Street Park! He's jumped into coaching the lower levels the past two years as a Summer/Fall ball coach in Essex Junction. Luke will be assisted by Essex High School Baseball Players to provide campers with opportunities to work on hitting, fielding, throwing, and pitching through various drills and games of baseball. A portion of the proceeds will benefit the Essex Junction Little League.

AGES 7-12 / MAPLE STREET PARK MON-FRI, JULY 21-25 9AM-12PM \$120

LUKE GOYETTE, HEALTH/PHYSICAL EDUCATOR& VARSITY BASEBALL COACH, SOUTH BURLINGTON HIGH SCHOOL



#### YOUTH LACROSSE CAMP

This camp is designed for boys and girls of all skill levels, from beginners learning the fundamentals to advanced players looking to sharpen their techniques and game strategies. Campers will receive hands-on instruction in stick handling, passing, shooting, defensive techniques, and game tactics. Each session features drills, small-sided games, and scrimmages to help players improve their skills in a fun, supportive environment. Our coaching staff focuses on building confidence, teamwork, and a strong understanding of the game, ensuring each camper leaves with improved skills and a greater passion for lacrosse.

ENTERING GRADES 3-8 / MAPLE STREET PARK MON-FRI, AUGUST 11-15 / 9AM-3PM \$250 ESSEX YOUTH LACROSSE

#### YOUNG HORNETS FIELD HOCKEY CAMP

Join us for an exciting Field Hockey Camp led by Essex High School coaches and varsity players! This camp is perfect for all skill levels, from beginners learning the basics to advanced players looking to refine their techniques and game strategies. Campers will receive hands-on instruction in dribbling, passing, shooting, defense, and game tactics. Each session includes drills, small-sided games, and full-field scrimmages to help players develop their skills in a fun, supportive environment. Our coaching staff emphasizes confidence, teamwork, and a strong understanding of the game, ensuring each camper leaves with improved skills and a greater love for field hockey. Registration includes a free t-shirt.

ENTERING GRADES 1-8 / MAPLE STREET PARK MON-FRI, JUNE 16-20 / 9-11AM \$60 NANCY BEAN & EHS PLAYERS & COACHES

#### YOUNG HORNETS VOLLEYBALL CAMPS

Join us for a fun and exciting week of volleyball. Campers will get exposure to all aspects of the game, focusing on the fundamentals and skill that are needed for competition. It's the perfect camp for kids to experience this fantastic sport in an atmosphere that is positive, energetic, and fun!

BEGINNER: NO PRIOR VOLLEYBALL EXPERIENCE ENTERING GRADES 5-9 / ESSEX HIGH SCHOOL MON-FRI, JULY 21-25 OR JULY 28-AUGUST 1 9-11:30AM \$95

ADVANCED BEGINNER: MIDDLE SCHOOL OR JVB EXPERIENCE ENTERING GRADES 5-9 / ESSEX HIGH SCHOOL MON-FRI, JULY 21-25 OR JULY 28-AUGUST 1 9-11:30AM \$95

ELITE: JVA OR VARSITY EXPERIENCE OR COACH RECOMMENDATION ENTERING GRADES 9-12 / ESSEX HIGH SCHOOL MON-FRI, JULY 28-AUGUST 1 GIRLS: 9AM-12PM / BOYS: 4:30-7:30PM \$150

JEN LIGOURI, EHS VARSITY HEAD COACH

#### YOUNG HORNETS TRACK & FIELD CAMP

Join EMS Coach Andrew Kasprisin and members of the EHS Track and Field team for this weeklong immersion into all the amazing events that Track and Field has to offer! Each day campers will learn and practice the fundamentals of sprinting, jumping, and throwing!

ENTERING GRADES 1-8 / ESSEX HIGH SCHOOL TRACK MON-FRI, JUNE 23-27 8-11AM \$125 ANDREW KASPRISIN, EMS COACH

# MAPLE STREET ART SPACE



create | express | grow

#### CAMPS

Join Tina Logan, long-time ADL Art Teacher extraordinaire, for a full summer lineup of art camps hosted at the brand new Maple Street Art Space, 156 Railroad Street, Suite 6, Essex Junction.

#### **CREATURE CAMP**

Let your imagination run wild as we celebrate all creatures (real and imaginary) Design and create your own creature inspired from your favorite animals or stories using wire, paper mache, fiber and more! Campers will be provided with a daily snack, a sketchbook, and canvas bag to personalize. No experience necessary, only imagination and enthusiasm.

ENTERING GRADES 1-5 MON-FRI, JUNE 23-27

MORNING SESSION: 9AM-12PM / \$210 AFTERNOON SESSION: 1PM-4PM / \$210

#### **POP ART**

Learn about the Pop Art movement and the artists who influenced this fun and wacky art style! Create your own Pop Art inspired from things that you love in our current times. We will use both 2-D and 3-D media to make your ideas come to reality! Campers will be provided with a daily snack, a small bookmaking kit and a canvas tote bag to personalize. No experience necessary, only imagination and enthusiasm.

GRADES 1-5 MON-FRI, JULY 7-11

MORNING SESSION: 9AM-12PM / \$210 AFTERNOON SESSION: 1PM-4PM / \$210



#### **WACKY WEARABLES**

This camp is for budding fashion and costume designers! If you like to design and create clothing, accessories, or costumes from anything then this camp is for you! We will use recycled materials (traditional and non-traditional) to bring our fashion ideas to life! Prepare to put on a fashion show at the end of camp to celebrate our wild and amazing creations! Campers will be provided with a daily snack, a sketchbook and canvas bag to decorate. No experience necessary, only imagination and enthusiasm.

ENTERING GRADES 1-5 MON-FRI, JULY 14-18

**ENTERING GRADES 5-8** 

MORNING SESSION: 9AM-12PM / \$210 AFTERNOON SESSION: 1PM-4PM / \$210

#### **FUN WITH FIBER CAMP**

Spend a week making sock animals, stuffies, needle felted creatures, yarn paintings, weaving, string art and more! This camp will introduce the wonders of creating cool things out of fiber. Campers will be provided with a daily snack, a canvas tote to decorate and their own needle felting kit. No experience necessary, only imagination and enthusiasm. Note: Full Day option for serious fiber enthusiasts! Please bring a water bottle and bag lunch if you are staying all day.

MON-FRI, JULY 21-25 MORNING SESSION: 9AM-12PM / \$210 AFTERNOON SESSION: 1PM-4PM / \$210 ALL DAY OPTION: 9AM-4PM / \$310

#### **DRAWING & PAINTING CAMP**

This camp is for artists who would like to sharpen their drawing and painting skills. Spend the week developing your observation skills through shading and color blending techniques. Create drawings and paintings with pastel, pencil, charcoal, watercolor, gouache, and acrylic paints. Build your own canvas for a final painting of your choice. Campers will be provided with a daily snack, a sketchbook, drawing kit and canvas bag to personalize. No experience necessary, only imagination and enthusiasm. Note: Full Day option for serious art enthusiasts! Please bring a water bottle and bag lunch if you are staying all day.

ENTERING GRADES 5-8 MON-FRI, JULY 28-AUGUST 1

MORNING SESSION: 9AM-12PM / \$210 AFTERNOON SESSION: 1PM-4PM / \$210 ALL DAY OPTION: 9AM-4PM / \$310

#### **RECYLCE/UPCYCLE!**

Spend a week Revamping and giving an old piece of small furniture or article of clothing a new life! Turn something you would like to throw away and make it into a new statement piece! It could be a lamp, small table, chair, or some old clothing. No experience necessary, only imagination and enthusiasm! Campers will be provided with a daily snack, a sketchbook, drawing kit and canvas bag to personalize. Note: Full day option for serious sculpture enthusiasts! Please bring a water bottle and bag lunch if you are staying all day.

ENTERING GRADES 6-9 MON-FRI, AUGUST 4-8

MORNING SESSION: 9AM-12PM / \$210 AFTERNOON SESSION: 1PM-4PM / \$210 ALL DAY OPTION: 9AM-4PM / \$310

#### **ALL ABOUT JAPAN CAMP**

In this camp we will learn about some popular customs and traditions from Japanese culture (past and present). We will create maneki nekos (Japanese lucky cats), sumi-e paintings, carp windsocks, and watch some beloved anime movies together. Campers will be provided with a daily snack, a sketchbook and canvas bag to decorate. No experience necessary, only imagination and enthusiasm.

ENTERING GRADES 2-6 MON-FRI, AUGUST 11-15

MORNING SESSION: 9AM-12PM / \$210 AFTERNOON SESSION: 1PM-4PM / \$210

#### ADULT ART CLASSES

All classes are held at Maple Street Art Space, 156 Railroad Street, Suite 6, Essex Junction and taught by Tina Logan.

AGES 18+ \$25

#### **MAKE A SOCK ANIMAL OR CREATURE**

Learn how to make adorable stuffed animals and or creatures out of socks! These are great gifts for grandkids and even grown up kids! Basic hand sewing skills are helpful but not necessary.

MON, MARCH 24 10AM-12PM

#### **SPRING NEEDLE FELTING WORKSHOP**

Learn the basics of needle felting and make a needle felted spring critter or two. No experience necessary, just interest and curiosity.

WED, APRIL 16 6-8PM

#### **PAPER MACHE BIRDS**

Learn the basics of paper mache and building an armature. Make your own little paper mache bird for your home or garden. No experience necessary, just interest and curiosity. Do either session or do both sessions and use the second to decorate your little bird with collage, paint, mixed media, or make a companion for your first bird.

SESSION 1: WED, APRIL 30 SESSION 2: WED, MAY 14 6-8PM

#### **WATERCOLOR POSIE PAINTING**

Learn some basic watercolor techniques and try your hand at painting flowers from life. No experience necessary, only interest and curiosity.

WED, MAY 28 6-8PM

#### **GELLI PRINTMAKING**

Create some really fun papers using the Gelli printing technique. Your beautiful printed papers can be used for collage work, fancy wrapping paper, scrapbooking, and more! No experience needed, just interest and curiosity.

WED, JUNE 11 6-7:30PM

#### **BOOK MAKING**

Make your own journal, sketchbook, or scrapbook using a Japanese stab binding technique. No experience needed, only interest and curiosity.

WED, JUNE 25 6-8PM

#### **GRID DRAWING**

Learn the basics of drawing and shading by using a grid technique. Bring your own image printed in black and white or use one on hand in the art space. No experience needed, just interest and curiosity.

WED, JULY 16 6-7:30PM

#### LANDSCAPE PAINTING IN GOUACHE

Learn the basics of painting a landscape. Create small landscape studies from visual references. No experience necessary, just interest and curiosity.

WED, JULY 30 6-8PM

#### **SMALL WIRE BASKET MAKING**

Learn about the art of Zulu wire basket making and try your hand at making your own small wire basket using the soumak weave technique. No experience needed, just interest and curiosity.

WED, AUG 13 6-7:30PM

## PRESCHOOL AGE & FAMILY PROGRAMS

#### REC KIDS AFTERSCHOOL PROGRAM

Rec Kids is a STARS accredited, licensed childcare program providing quality afterschool care for the Essex Westford School District. Children will engage in a variety of fun, enriching, and engaging activities such as; sports, group games, field trips, homework support, and time to unwind at the end of the school day. A nutritious snack is provided each day as well.

K-5 STUDENTS ATTENDING AN EWSD SCHOOL
MON-FRI, EWSD SCHOOL YEAR CALENDAR
SCHOOL DISMISSAL UNTIL 6PM
ONLINE REQUEST FOR REGISTRATION FOR NEW FAMILIES FOR THE
2025-2026 SCHOOL YEAR BEGINS WEDNESDAY, APRIL 30 / 9AM

Days/Week	Daily Rate	Fees
2	\$24.25	Registration: \$50/child
3	\$22.25	Early Dismissal: \$5/day
4	\$20.25	Sibling Discount: \$2/day
5	\$18.25	

#### **EJRP PRESCHOOL**

EJRP Preschool is a fully licensed, 5 STAR accredited preschool program that serves children ages 2-5. While providing a full day program with a planned curriculum designed for Kindergarten readiness, we believe that every child is innately kind, curious, capable, and motivated to reach their potential and foster this belief with safe, intentional, and creative learning spaces.

NEW FAMILIES: \$100 REGISTRATION FEE & \$400 DEPOSIT

#### **KINDERMUSIK**

Kindermusik® classes provide a playful, supportive environment for children and their caregivers to play together with music, dancing, singing, exploring instruments, and more. Activities designed specifically for each stage of early childhood support infants' and children's development across cognitive, social-emotional, and physical domains while building understanding of simple musical concepts.

#### **TUESDAY CLASSES**

LEVEL 1: 12-24 MONTHS / 9-9:45AM LEVEL 2: 2-3 YEARS / 10:15-11AM LEVEL 3: 3-5 YEARS / 11:30AM-12:30PM

#### **WEDNESDAY CLASSES**

LEVEL 1: 12-24 MONTHS / 9-9:45AM LEVEL 2: 2-3 YEARS / 10:15-11AM

FOUNDATIONS: 0-12 MONTHS / 11:30AM-12:15PM

SESSION 6: MARCH 11-APRIL 1

SESSION 7: APRIL 8-MAY 6 (NO CLASSES WEEK OF APRIL 21)

SESSION 8: MAY 20-JUNE 10

ASPIRE STUDIO / 75 MAPLE STREET

\$60 PER SESSION RACHEL SMITH

#### PRESCHOOL PLAYGROUP

You're invited to join other caregivers and children for play time. We ask that you please bring a drink and indoor shoes. There will be crafts, story time, and songs.

AGES 0-5 / 75 MAPLE STREET TUE/THU, SEPTEMBER 3-JUNE 5

9:30-11AM

FOLLOWS EWSD SCHOOL CALENDAR (NO SCHOOL, NO PLAYGROUP) LAURA RASCOE

Age		Class	Resident	Non-Resident	Hours
Ages 2-3	must be 2 by September 1	Adventurer	\$400 per week	\$428 per week	8am-4pm
Ages 3-4*	must be 3 by September 1	Explorer	\$345 per week	\$370 per week	7:30am-5pm
Ages 4-5*	must be 4 by September 1	Discoverer	\$345 per week	\$370 per week	7:30am-5pm

<sup>\*</sup> Students in these classrooms who will be 3 prior to September 1, 2025 qualify for the Act 166 benefit of \$3,982 for the school year.

To inquire about available preschool space and request registration, please complete the "Request for Enrollment" form online.

Please visit ejrp.org for more information.

Financial assistance is available to qualified families through Childcare Resource: 802-863-3367.

## ADULT RECREATION

#### **ADULT 6X6 DRIVERS EDUCATION**

This class is designed for adults ages 18 and older only. It focuses on basic driving skill, rules of the road, driving in hazardous conditions, defensive driving, and preparation for the Vermont DMV road test. All students must possess a Vermont learner's permit or driver's license. Includes 6 hours of virtual classroom, 6 hours behind-the-wheel instruction, course materials, email support, and 10% returning customer discount for any additional tutoring hours booked. If you require pick up outside of Essex Junction, there will be an additional fee based on mileage.

SESSION A: APRIL 24, MAY 1, MAY 8 SESSION B: MAY 13, MAY 20, MAY 27 6-8PM \$579 CORD HULL, EPIC DRIVING LLC

#### **SEW COOL CAMP**

Participants will learn the basics of using a sewing machine (provided) including how to wind a bobbin and thread the needle. Participants will learn the basics of sewing through small projects such as scrunchies, pin cushions and bookmarks. By the end of the week, participants will create their own Flannel Pajama bottoms and will learn life skills to last a lifetime! Campers will have the option to stay later than the 4pm pick up if they need more time to finish their project later in the week. Some materials will be provided but a few materials will need to be purchased ahead of time, a material list will be provided before the course begins.

AGES 18+ / EHS HOME ECONOMICS CLASSROOM MON-THU, JUNE 30-JULY 3 6-8PM \$200 ROSALIND HUTTON

#### **DOG/PUPPY ESSENTIALS**

We're busy people. We've got other priorities.

Dog training can feel like One. More. Thing. But, you want a dog you can live with, be proud of, and about which others glowingly remark "What a great dog!" This class shows you how to have a happy, confident, wellbehaved dog.

18+ / 75 MAPLE STREET SAT, MARCH 22-APRIL 26 / JUNE 7-JULY 19 (NO CLASS JULY 5) 9:30-10:45AM \$165 WITH A DOG / \$65 WITHOUT A DOG DEB HELFRICH, GOLD STAR DOG TRAINING

#### **BEYOND BASICS DOG OBEDIENCE**

This class takes your training to the next level by showing you the basic, intermediate, and advanced version of each exercise. This permits perfect fit training for you and your dog! If your dog's heeling is fantastic, we'll help you take it to the next level. If your sits are still a challenge, we'll go back a level and reinforce the basics. The atmosphere is supportive yet challenging. The emphasis is on what you want to achieve with your dog within the exercises we teach, and then giving you the instruction and proper exercises to achieve your goals.

18+ / 75 MAPLE STREET SAT, MARCH 22-APRIL 19 12-1PM \$150 WITH A DOG / \$65 WITHOUT A DOG

DEB HELFRICH, GOLD STAR DOG TRAINING

#### THERAPY DOG ACADEMY



So, your dog wants to be a therapy dog? Well, we've

got a course for that! This 6-week course gives dogs and handlers the necessary skills for not only passing the test but also for working successfully as a therapy dog team.

18+ / 75 MAPLE STREET SAT, JUNE 7-JULY 17 (NO CLASS JULY 5) 12-1PM \$185

**DEB HELFRICH** 



#### HIGH SCHOOL PROGRAMS/CERTIFICATIONS

#### **DRIVERS ED**

Epic Driving focuses on defensive driving techniques including crash avoidance, situational awareness, zone control, mindful driving, and developing good driving habits. This course includes 30 hours of engaging, differentiated, and responsive classroom activities and weekly, behind-thewheel lessons consisting of 45 minutes of instruction and 45 minutes of observation while paired with another student. Behind the wheel lessons will generally be scheduled weekday mornings and afternoons (times vary depending on time of year). Students must be available for either of those times. All driving appointments meet and end at Maple Street Park.

AGES 15-18 / 75 MAPLE STREET

CORD HULL, EPIC DRIVING LLC

SUMMER I SESSION:

JUNE 1-JULY 3

WEEKDAYS: 6:30-8:30PM & SUNDAYS: 9-11AM

**SUMMER II SESSION:** 

**JULY 28-AUGUST 28** WEEKDAYS 6:30-8:30PM

# OLDER ADULT

#### **ESSEX AREA SENIOR CENTER**

The Essex Area Senior Center is up and running and we want YOU to join in on all of the fun! The EASC is a warm and welcoming place for socializing, playing games, and more, and we hope you will come see if you're interested in participating! During the renovations of 2 Lincoln Street, we are offering programs at Holy Family Parish Center and in the Kolvoord room at the Brownell Library. Membership fees are waived and all games at the center are free! Visit ejrp.org/olderadults to sign up for our newsletter and for details on hours, activities, and important announcements. Contact Julie Shorter, Program Director for Older Adults with any questions: jshorter@ejrp.org.

802-878-1375 EXT 1553

**ONGOING PROGRAMS:** 

BINGO: TUE, 10AM-1PM / HOLY FAMILY PARISH CENTER CRIBBAGE: WED, 1:30-3:30PM / HOLY FAMILY PARISH CENTER **DUPLICATE BRIDGE:** THU, 12:30-4PM / HOLY FAMILY PARISH CENTER MAH JONGG: FRI, 10AM-12PM / KOLVOORD ROOM, BROWNELL LIBRARY

#### COMMUNITY LUNCHEONS

Join us for food and socializing! We've partnered with Age Well to bring luncheons to our community. Meet new people and see old friends. Contact us for menu information. Advanced registration required!

AGES 60+ / HOLY FAMILY PARISH CENTER MONDAYS 11:30AM CHECK-IN, 12PM LUNCH MARCH 17, 24 / APRIL 7, 14, 28 / MAY 12, 19 / JUNE 9, 16 / JULY 7, 21 / AUGUST 4, 18 \$5 SUGGESTED DONATION FOR AGE WELL AT THE DOOR

#### "LIFTING" SPIRITS

The class offers a dynamic rusion.

sports drills, weight lifting, balance, flexibility and The class offers a dynamic fusion of dance aerobics, ends with mindfulness exercises. All taught in a lowimpact style and set to motivating music. Bring your own set of 1, 2 or 3lb hand weights if you have them. If you don't have hand weights, you can still enjoy class and have more of a cardiovascular workout. Intended for participants with a baseline level of physical fitness, yet is open to beginners.

AGES 55+ / MAPLE STREET PARK ASPIRE STUDIO **MONDAYS** 11AM-12PM MARCH 17, 24 / APRIL 7, 14, 28 / MAY 5, 12, 19 SINGLE CLASS: \$10 / MONTH LONG SESSION: \$27 MARLENA SILVA

#### **CARDMAKING**



Join local cardmakers, Lauri and Kathy, to craft your own birthday card, Easter card, thank you card, and blank note card. No experience necessary. Registration required.

AGES 55+ / HOLY FAMILY PARISH HALL THU, APRIL 3 1PM FREE

#### **MIND FIT SERIES: ACTIVITIES TO BOOST BRAIN HEALTH**



Keep your brain sharp and healthy.



Just like the body, the brain can show signs of aging over time. While this is a natural result of growing older, there are positive lifestyle changes you can make to keep your mind sharper for longer. Join us for a fun, FREE and informative series, led by brain fitness expert Gena Braman, PTA, CMC from Home Care Assistance. In this Mind Fit series, you will learn about proactive ways to enhance cognitive functioning, including fun group activities used in the Cognitive Therapeutics Method™, a science-based cognitive stimulation program. Sample activities include alphabet soup, trivia, word bingo, name that tune, conversation starters, visual puzzles, logo identification, and advice column.

AGES 55+ / MAPLE STREET PARK FRI, APRIL 4-MAY 30 (NO SESSIONS APRIL 25 OR MAY 9) FREE GENA BRAMAN, PTA, CMC



#### **HIKING CLUB**

Join a group for weekday hiking excursions.
Intended for physically active older adults who can endure 2+ hours of hiking. Trip Details and dates to come. If you're interested in being on the list to learn more, please call us or email Julie at jshorter@ejrp.org

AGES 55+
DATES AND TRIPS TO BE DETERMINED

#### **WALKING CLUB**

Try out our walking paths at Maple Street Park and join us to get active and build community! Don't forget to bring water and wear comfortable shoes. Meet at the benches just beyond the building when you enter the main entrance of the park. All paces are welcome and no registration required.

AGES 55+ / MAPLE STREET PARK WED, BEGINS APRIL 30 10:30AM

#### **BIRDWATCHING 101**

ENV i

Join us for a morning in the park with

Audubon Vermont. Learn classic birding skills like identifying sweet

melodies and vibrant colors to identify neighborhood birds. Then, put those skills to the test on a guided bird walk. Bring your own lunch to enjoy in the park after the program if you'd like! Space is limited, so sign up today!

AGES 55+ / MAPLE STREET PARK WED, MAY 28 9-11AM FREE, REGISTRATION REQUIRED AUDUBON VERMONT

#### INTRODUCTION TO FLY FISHING

This 6-hour course will introduce the novice fly angler to the basics of fly fishing. Topics include fly rod and reel identification, line, leader and tippet construction, categories of flies and how to "match the hatch" and how to cast with a fly rod. Students will be given an overview of how to present the fly to fish in different types of water, how to read the water and the best methods to catch fish. Various other advanced casting techniques will be demonstrated and practiced. Basic knot applications and tying will be demonstrated and practiced. This course will be led by Jamie Eisenberg, a local fly-fishing guide and instructor, who has been fly-fishing and tying flies for over 30 years. Attendees should bring a light lunch or snacks, beverages, polarized sunglasses, a ball cap, sunscreen, and water shoes. A valid VT Fishing license is required and may be purchased at www.vtfwdsales.com/online/cid\_entry.php

MILLS RIVERSIDE PARK, JERICHO
AGES 55+: SUN, JUNE 8 / AGES 14+: SUN, JULY 13
8AM-2PM
\$100
JAMIE EISENBERG

#### VERMONT INSTITUTE OF NATURAL SCIENCE (VINS) TRIP

Join us for a day trip to VINS! Check out their exhibits, attend live bird programs, take a walk on their nature trails, and tour through their songbird aviary! We will have a picnic lunch when we arrive, followed by free time attend to programs and explore at your own leisure. Transportation, lunch, and admission are included in the cost of the trip.

AGES 55+ / VERMONT INSTITUTE OF NATURAL SCIENCE MON, JUNE 23

DEPART MAPLE STREET PARK: 10:30AM / RETURN: 5:30PM



#### **MAPLE STREET POOL**

75 Maple Street

For general pool and rental information, please call 802-878-1375. To reach the pool directly, call 802-872-3370.

Opening Day Wednesday, June 18
Closing Day Friday, August 22
Mon-Fri Public Swim 12:30-8pm
Tue & Thu Lap Swim 7:30-9am

Sat-Sun Public Swim 11am-8pm (After August 4, the pool closes at 7pm)

Pool may close early due to inclement weather or other factors.

Please call or check our website/social media pages for up-to-date information.



PURCHASE/RENEW SEASON PASSES ONLINE

EARLY BIRD DISCOUNT!
Receive 10% off any season pass if purchased by April 30.

FEES	City	Non-City
Daily Entry Youth: under 18	\$3*	\$6
Daily Entry Adult: 18+	\$5*	\$8
Family Season Pass: 2 adults & children under 19, residing at same address	\$95	\$160
Two-Person Season Pass: 2 individuals residing at same address	\$75	\$125
Individual Youth Season Pass	\$40	\$70
Individual Adult Season Pass	\$50	\$85

<sup>\*</sup> Daily discounted fees require proof of City residency upon entry (student ID, license, other written evidence)

SWIM GROUPS		P	arent & Child	6 months-2 years (with caregiver)	
		AGE P	re-K	3-5 years (not entered kindergarten)	
		Y	outh outh	5-18 years (completed kindergarten)	
GROUP	WHERE THEY ARE AT	WHAT THEY WILL WORK TOWARDS			
Shrimps	New, or fairly new, to the water.		Swimmer and a caregiver will learn to feel comfortable, safe, and confident in the water.		
Stripers	New, or fairly new, to the water, and ready for a lesson without parent.		Comfort in water by putting different parts of body in (face, hair, ears). Some use of floatation devices.		
Level 1	Can move independently when using a floatation device.	Learn to submerge mouth, nose and eyes, front and back float, swimming on front and back.			
Level 2	Is comfortable submerging. Ability to float or travel short distances unaided.	Enters water by stepping or jumping, open eyes underwater, front/back glide, swimming distance on front/back/side.			
Level 3	Can swim 15+ yards without stopping; is comfortable submerging face and resurfacing while swimming.	Jump into deep water, dive from side of pool, retrieve submerged object, survival float treading water for 30 seconds, swim various strokes 15+ yards.			
Level 4	Is familiar with various strokes and can swim 25+ without stopping.	Improve strokes, increase endurance, feet-first surface dive, 1 minute survival float/treading/back float, throwing assists.			
Level 5	Can swim 50+ yards and is comfortable with all strokes.	Refine strokes, become more efficient, shallow dive, tuck and pike surface dives, 2 minute survival floating/treading/back float, flip turns on front and back.			
Level 6	Will learn to swim with ease and efficiency, and gain ability to swim smoothly over greater distances with power and endurance.	500 yards continuous swim using 100 yards each of front/back crawl, breastroke, elementary backstroke, sidestroke & butterfly, 5 minute survival float/treading/back float, feet first surface dive and retrieve an object from 12 feet.			

#### **EJRP SWIM LESSONS**

FEES	1 week/Saturday	2 weeks/evening
City Resident	\$50	\$80
Non-City Resident	\$60	\$90

#### When registering for lessons:

- 1. Select age group (e.g. Pre-K)
- 2. Select skill group (e.g. Level 2)
- 3. Select session dates (e.g. Session A: June 23-July 3)
- 4. Select lesson time (e.g. 10:25-10:55am)
- 5. Example code would be 320502A1

Morning Schedule	MONDAY-FRIDAY	10:25-10:55am	11:05-11:35am	11:45am-12:15pm
One Week Sessions	Parent & Child: Shrimps*			310500_3
5 lessons B: July 7-11	Pre-K: Stripers	320500_1	320500_2	320500_3
D: July 28-August 1	Pre-K: Level 1	320501_1	320501_2	320501_3
- w .c .	Pre-K: Level 2	320502_1	320502_2	
Two Week Sessions 10 lessons	Pre-K: Level 3**			320503_3
A: June 23-July 3	Youth: Level 1	360500_1	360500_2	360500_3
(no lesson July 4, session prorated)	Youth: Level 2	360501_1	360501_2	360501_3
C: July 14-25	Youth: Level 3	360502_1	360502_2	360502_3
E: August 4-15	Youth: Level 4			360503_3
* Session B & D only	Youth: Level 5		360504_2	
** Session A & C only	Youth: Level 6	360505_1		

<b>Evening Schedule</b>	MONDAY-THURSDAY	5-5:30pm	5:30-6pm	6-6:30pm
Two Week Sessions	Youth: Level 1	360500_1		
8 lessons F: July 7-17	Youth: Level 2		360501_2	
G: July 21-31	Youth: Level 3			360502_3

Saturday Schedule	SATURDAYS	9:15-9:45am	9:50-10:20am	10:25-10:55am
Four Week Sessions	Parent & Child: Shrimps			310500_J3
4 lessons J: June 21-July 19	Pre-K: Stripers	320500_J1	320500_J2	320500_J3
(no lesson July 5) K: July 26-August 16	Pre-K: Level 1	320501_J1	320501_J2	320501_J3
	Pre-K: Level 2	320502_J1	320502_J2	
	Youth: Level 1	360500_J1		
	Youth: Level 2		360501_J2	
	Youth: Level 3			360502_J3





75 Maple Street, Essex Junction, VT 05452 802-878-1375

ejrp.org

8am-4pm / Monday-Friday

PRST STD U.S. Postage PAID Burlington VT 05401 Permit No. 675

## ECRWSS / EDDM CARRIER ROUTE PRESORT RESIDENTIAL CUSTOMER



EJRP Summer Camps & Maple Street Pool are hiring. For more information visit: EJRP.ORG